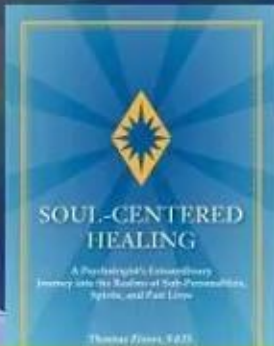


**Tom Zinser**

**skeptiko #451**



**Diff Between Darkness & Evil?**

**Skeptiko Topics:**

Consciousness Science

Parapsychology

Near-Death Experience

Spirituality

Skeptics/Skepticism

Psi

Psychics & Mediums

Atheism

UFO

Neuroscience

Conspiracy Theories

Contactee Experience

OBE

1  
00:00:07,369 --> 00:00:03,830  
what's the game plan Kevin was a nice

2  
00:00:14,749 --> 00:00:07,379  
run care how to close out someday nobody

3  
00:00:24,410 --> 00:00:14,759  
wins them all what are you oh I have so

4  
00:00:26,509 --> 00:00:24,420  
many names see call me dad nobody plays

5  
00:00:29,990 --> 00:00:26,519  
a deal-making Devil better than AI

6  
00:00:33,080 --> 00:00:30,000  
Pacino and no one plays an unsuspecting

7  
00:00:35,180 --> 00:00:33,090  
dupe better than Keanu Reeves it's from

8  
00:00:38,920 --> 00:00:35,190  
the movie The Devil's Advocate and it

9  
00:00:41,840 --> 00:00:38,930  
fits perfectly with today's

10  
00:00:44,900 --> 00:00:41,850  
controversial and just incredibly

11  
00:00:49,670 --> 00:00:44,910  
amazing and for me paradigm changing

12  
00:00:53,689 --> 00:00:49,680  
interview with dr. Tom Zinser as Souls

13  
00:00:56,029 --> 00:00:53,699

we have the choice and evil does not run

14

00:00:59,299 --> 00:00:56,039

our life evil does not have power over

15

00:01:03,740 --> 00:00:59,309

us and so as souls we do have that power

16

00:01:06,350 --> 00:01:03,750

to deal with evil to stop it to refuse

17

00:01:08,359 --> 00:01:06,360

it it's one of the reasons I said that

18

00:01:12,289 --> 00:01:08,369

distinction between darkness and evil is

19

00:01:15,010 --> 00:01:12,299

so important so our natural state is to

20

00:01:17,300 --> 00:01:15,020

have likes and dislikes that

21

00:01:19,969 --> 00:01:17,310

inadvertently not our fault but it

22

00:01:22,039 --> 00:01:19,979

happens we block that light in one way

23

00:01:24,170 --> 00:01:22,049

or another and sometimes we connect with

24

00:01:25,640 --> 00:01:24,180

those blockages more than we connect

25

00:01:28,460 --> 00:01:25,650

with the light and it all becomes a

26

00:01:31,960 --> 00:01:28,470

confused state what I hear you saying

27

00:01:37,670 --> 00:01:31,970

then is that we can begin talking about

28

00:01:40,219 --> 00:01:37,680

evil darkness as just blockages of the

29

00:01:42,530 --> 00:01:40,229

light that of course you always had the

30

00:01:45,100 --> 00:01:42,540

power to remove those it makes them a

31

00:01:48,380 --> 00:01:45,110

lot less scary and and we do need that

32

00:01:50,569 --> 00:01:48,390

we grown up in our Western culture to be

33

00:01:53,780 --> 00:01:50,579

frightened of darkness and evil to think

34

00:01:56,389 --> 00:01:53,790

of it as so powerful to stay away from

35

00:01:59,090 --> 00:01:56,399

that topic for fear that it's gonna get

36

00:02:01,340 --> 00:01:59,100

us people need to know it doesn't have

37

00:02:03,440 --> 00:02:01,350

that power fall and I hope this came

38

00:02:07,399 --> 00:02:03,450

through in the interview is this idea of

39

00:02:09,499 --> 00:02:07,409

the contract because that is not only a

40

00:02:11,630 --> 00:02:09,509

method of deception that seems to be in

41

00:02:13,090 --> 00:02:11,640

play but it's been enshrined in our

42

00:02:16,420 --> 00:02:13,100

culture through

43

00:02:18,100 --> 00:02:16,430

movies as being don't make that contract

44

00:02:20,860 --> 00:02:18,110

with the with the devil you could never

45

00:02:23,460 --> 00:02:20,870

break it and what Jared says and you

46

00:02:26,020 --> 00:02:23,470

prove in your work is that no there's

47

00:02:29,320 --> 00:02:26,030

there's no such contract it's null and

48

00:02:31,600 --> 00:02:29,330

void there it's unenforceable just all

49

00:02:36,060 --> 00:02:31,610

we have to say I choose to go to the

50

00:02:38,410 --> 00:02:36,070

light and it's all over that's right yes

51  
00:02:40,180 --> 00:02:38,420  
welcome to skeptic oh where we explore

52  
00:02:43,000 --> 00:02:40,190  
controversial science and spirituality

53  
00:02:45,670 --> 00:02:43,010  
with leading researchers thinkers and

54  
00:02:51,240 --> 00:02:45,680  
their critics I'm your host Alex Karras

55  
00:02:55,000 --> 00:02:51,250  
and today we're joined by Tom Zinser in

56  
00:02:58,150 --> 00:02:55,010  
1987 dr. Tom Zinser was a clinical

57  
00:03:01,270 --> 00:02:58,160  
psychologist and hypnotherapist in Grand

58  
00:03:03,690 --> 00:03:01,280  
Rapids Michigan and like a lot of

59  
00:03:07,330 --> 00:03:03,700  
therapists like a lot of people helpers

60  
00:03:09,730 --> 00:03:07,340  
Tom wanted to see his patients get

61  
00:03:12,190 --> 00:03:09,740  
better but they weren't at least they

62  
00:03:16,690 --> 00:03:12,200  
weren't getting better as quickly or as

63  
00:03:19,900 --> 00:03:16,700

often as he felt they should so Tom as

64

00:03:24,250 --> 00:03:19,910

he tells it was almost to the point of

65

00:03:27,220 --> 00:03:24,260

giving up then a part-time secretary in

66

00:03:30,520 --> 00:03:27,230

his office and Kathryn came to him with

67

00:03:32,860 --> 00:03:30,530

a rather remarkable proposal that we're

68

00:03:37,270 --> 00:03:32,870

going to hear about and what followed

69

00:03:40,210 --> 00:03:37,280

was a 15-year collaboration that changed

70

00:03:43,060 --> 00:03:40,220

Tom's practice certainly changed the

71

00:03:46,810 --> 00:03:43,070

lives of hundreds and hundreds of his

72

00:03:50,140 --> 00:03:46,820

clients and completely changed his

73

00:03:53,130 --> 00:03:50,150

worldview as well now I'm not so sure

74

00:03:55,570 --> 00:03:53,140

what it did for his reputation as a

75

00:03:58,510 --> 00:03:55,580

clinical psychologist among his

76  
00:04:01,020 --> 00:03:58,520  
colleagues but that's almost another

77  
00:04:04,120 --> 00:04:01,030  
story maybe one we will get into as well

78  
00:04:06,730 --> 00:04:04,130  
because Tom's 15-year collaboration

79  
00:04:10,480 --> 00:04:06,740  
turned out to be with a spirit enemy

80  
00:04:13,780 --> 00:04:10,490  
named Jared who consulted with Tom about

81  
00:04:17,260 --> 00:04:13,790  
the problems his patients were facing

82  
00:04:20,130 --> 00:04:17,270  
and suggested specific ways to help them

83  
00:04:23,430 --> 00:04:20,140  
overcome traumas relieve anxieties and

84  
00:04:26,700 --> 00:04:23,440  
generally live a happier more for

85  
00:04:29,790 --> 00:04:26,710  
in life dr. Zins book again is titled

86  
00:04:32,660 --> 00:04:29,800  
soul centered healing a psychologist

87  
00:04:36,470 --> 00:04:32,670  
extraordinary journey into the realms of

88  
00:04:41,010 --> 00:04:36,480

subpersonalities spirits and past lives

89

00:04:45,450 --> 00:04:41,020

it's I use a term game-changer too often

90

00:04:47,850 --> 00:04:45,460

but it's an unbelievably significant

91

00:04:49,890 --> 00:04:47,860

piece of work and I'm super excited to

92

00:04:52,710 --> 00:04:49,900

have him here today Tom thanks so much

93

00:04:56,100 --> 00:04:52,720

for joining me well you're welcome and

94

00:04:58,830 --> 00:04:56,110

thanks for inviting me I said I'm a

95

00:05:01,350 --> 00:04:58,840

longtime listener so it's a pleasure to

96

00:05:04,620 --> 00:05:01,360

meet you at least in video if not person

97

00:05:07,140 --> 00:05:04,630

yeah I was I was blown away to think

98

00:05:10,320 --> 00:05:07,150

that you've been listening to this show

99

00:05:12,990 --> 00:05:10,330

when I dug into your your experience

100

00:05:14,910 --> 00:05:13,000

that you've had here and the kind of

101  
00:05:16,350 --> 00:05:14,920  
clinical work that you've done we're

102  
00:05:17,910 --> 00:05:16,360  
going to get into that a minute but I

103  
00:05:19,770 --> 00:05:17,920  
think that's a big part of the story

104  
00:05:23,790 --> 00:05:19,780  
that I want to get out there right off

105  
00:05:26,160 --> 00:05:23,800  
the bat is you're a clinician a highly

106  
00:05:29,090 --> 00:05:26,170  
trained professional and you're doing

107  
00:05:31,500 --> 00:05:29,100  
all the stuff that kind of normal

108  
00:05:33,720 --> 00:05:31,510  
psychologists do people come in and talk

109  
00:05:35,670 --> 00:05:33,730  
to you about their problems and then all

110  
00:05:37,470 --> 00:05:35,680  
this other stuff we're gonna talk about

111  
00:05:39,180 --> 00:05:37,480  
that it's kind of layered on top of that

112  
00:05:41,850 --> 00:05:39,190  
so that might even be a good place to

113  
00:05:44,070 --> 00:05:41,860

begin dr. Zins or tell people a little

114

00:05:46,920 --> 00:05:44,080

bit about your professional background

115

00:05:49,850 --> 00:05:46,930

your training your credentials just so

116

00:05:52,920 --> 00:05:49,860

people know that part of who you are

117

00:05:57,210 --> 00:05:52,930

yeah I think even to be clear from the

118

00:06:00,630 --> 00:05:57,220

start as I practiced psychology in the

119

00:06:03,750 --> 00:06:00,640

early eighties once I began working with

120

00:06:07,500 --> 00:06:03,760

Jared that crossed a whole different

121

00:06:11,520 --> 00:06:07,510

line in which I really was not

122

00:06:14,490 --> 00:06:11,530

practicing psychology as such any longer

123

00:06:17,790 --> 00:06:14,500

what I was learning from Jared was

124

00:06:20,159 --> 00:06:17,800

layered in a sense on top of that in

125

00:06:23,820 --> 00:06:20,169

terms of the psychic and spiritual

126

00:06:25,260 --> 00:06:23,830

dimensions the energetic dimensions so

127

00:06:28,460 --> 00:06:25,270

in the beginning I worked as a

128

00:06:31,620 --> 00:06:28,470

hypnotherapist mainly focused on

129

00:06:33,060 --> 00:06:31,630

dissociative kind of disorders but I

130

00:06:35,130 --> 00:06:33,070

just want to interject I just want

131

00:06:37,580 --> 00:06:35,140

people to understand because I when I

132

00:06:39,170 --> 00:06:37,590

got into your your stuff

133

00:06:41,450 --> 00:06:39,180

this is the process I always go through

134

00:06:43,640 --> 00:06:41,460

I'm usually super excited and blown away

135

00:06:46,490 --> 00:06:43,650

and then a little alarm bell goes off in

136

00:06:48,770 --> 00:06:46,500

my head and goes wait a minute wait a

137

00:06:52,160 --> 00:06:48,780

minute there's a lot of kind of shady

138

00:06:54,170 --> 00:06:52,170

people out there is this guy legit in

139

00:06:56,930 --> 00:06:54,180

the way that normal people would just

140

00:06:59,150 --> 00:06:56,940

come at it does he have an advanced

141

00:07:01,910 --> 00:06:59,160

degree I mean did he go through the

142

00:07:03,620 --> 00:07:01,920

proper training is he is he legit in

143

00:07:05,990 --> 00:07:03,630

that way and and so I had those

144

00:07:08,090 --> 00:07:06,000

questions and for me those questions

145

00:07:09,740 --> 00:07:08,100

were answered but I'd like you to kind

146

00:07:12,500 --> 00:07:09,750

of answer him again what are your

147

00:07:15,650 --> 00:07:12,510

professional credentials well I did my

148

00:07:19,700 --> 00:07:15,660

undergraduate work at the University of

149

00:07:22,310 --> 00:07:19,710

Notre Dame and that was and basically

150

00:07:26,270 --> 00:07:22,320

was called the great books program a

151  
00:07:28,850 --> 00:07:26,280  
very broad field humanities but then I

152  
00:07:31,160 --> 00:07:28,860  
went on afterwards to get my master's

153  
00:07:35,960 --> 00:07:31,170  
degree with an emotionally disturbed

154  
00:07:38,510 --> 00:07:35,970  
children and after a gain my master's in

155  
00:07:42,200 --> 00:07:38,520  
teaching for a year I went on for my

156  
00:07:46,400 --> 00:07:42,210  
doctoral studies at Texas A&M in

157  
00:07:49,370 --> 00:07:46,410  
counseling psychology so I think my

158  
00:07:53,290 --> 00:07:49,380  
dissertation and began practice as an

159  
00:07:56,350 --> 00:07:53,300  
intern here in Grand Rapids in 1975 and

160  
00:07:59,360 --> 00:07:56,360  
then worked at the psychiatric hospital

161  
00:08:02,900 --> 00:07:59,370  
for several years before and in private

162  
00:08:06,950 --> 00:08:02,910  
practice and some private practice that

163  
00:08:09,020 --> 00:08:06,960

I really practiced hypnosis and really

164

00:08:11,750 --> 00:08:09,030

attempting to work with people who had

165

00:08:15,380 --> 00:08:11,760

been traumatized whether a childhood or

166

00:08:17,210 --> 00:08:15,390

adolescence or even later and then that

167

00:08:20,870 --> 00:08:17,220

led you as you just mentioned a little

168

00:08:23,540 --> 00:08:20,880

bit ago into this work with dissociative

169

00:08:28,100 --> 00:08:23,550

disorders which is in and of itself

170

00:08:30,730 --> 00:08:28,110

highly controversial I kind of gleaned

171

00:08:32,930 --> 00:08:30,740

from your book that it wasn't quite as

172

00:08:35,120 --> 00:08:32,940

controversial when you first started

173

00:08:37,370 --> 00:08:35,130

it's not like you were jumping into some

174

00:08:40,430 --> 00:08:37,380

trend you had just kind of discovered it

175

00:08:43,160 --> 00:08:40,440

on your own so dissociative disorder so

176

00:08:45,230 --> 00:08:43,170

people know split personality or

177

00:08:47,480 --> 00:08:45,240

multiple personality as its portrayed in

178

00:08:49,930 --> 00:08:47,490

the movies is how it's been popularized

179

00:08:51,440 --> 00:08:49,940

but from a kind of strain on

180

00:08:53,630 --> 00:08:51,450

psychological

181

00:08:56,650 --> 00:08:53,640

Nicolle perspective it's now recognised

182

00:08:59,540 --> 00:08:56,660

that people do have different kinds of

183

00:09:01,940 --> 00:08:59,550

disassociative disorders that lead to

184

00:09:04,070 --> 00:09:01,950

stress in their life so do you want to

185

00:09:08,240 --> 00:09:04,080

kind of help people understand that

186

00:09:10,910 --> 00:09:08,250

whole thing when I began I learned about

187

00:09:13,550 --> 00:09:10,920

an approach to therapy called ego-state

188

00:09:16,450 --> 00:09:13,560

therapy and this is an approach that

189

00:09:19,960 --> 00:09:16,460

recognizes that we all have

190

00:09:22,610 --> 00:09:19,970

subpersonalities the multiple

191

00:09:26,860 --> 00:09:22,620

personality which was the term back then

192

00:09:29,990 --> 00:09:26,870

in a sense is an extreme case of

193

00:09:33,410 --> 00:09:30,000

subpersonalities so the issue was

194

00:09:37,010 --> 00:09:33,420

treating people through hypnosis making

195

00:09:40,510 --> 00:09:37,020

contact with these sub personalities and

196

00:09:44,210 --> 00:09:40,520

helping these sub personalities to

197

00:09:47,360 --> 00:09:44,220

relieve the pain or hurt or distress or

198

00:09:49,580 --> 00:09:47,370

fear that they carry and it's these

199

00:09:54,200 --> 00:09:49,590

personalities that we were bringing back

200

00:09:56,360 --> 00:09:54,210

to integrate with the self so multiple

201  
00:09:59,570 --> 00:09:56,370  
personality is an extreme but it's

202  
00:10:03,170 --> 00:09:59,580  
basically saying we all have sub

203  
00:10:04,730 --> 00:10:03,180  
personalities created I kind of gleaned

204  
00:10:07,250 --> 00:10:04,740  
from the book that there was this kind

205  
00:10:08,570 --> 00:10:07,260  
of continuum we all love you go Sates we

206  
00:10:10,310 --> 00:10:08,580  
all love the gatekeeper we all have the

207  
00:10:14,180 --> 00:10:10,320  
protector we all have that it just

208  
00:10:16,490 --> 00:10:14,190  
hasn't gone to the extent that it has or

209  
00:10:18,260 --> 00:10:16,500  
is that not really a good way to look at

210  
00:10:20,690 --> 00:10:18,270  
it is it really something come

211  
00:10:23,810 --> 00:10:20,700  
completely different when it becomes a

212  
00:10:27,410 --> 00:10:23,820  
problem for people no we are talking

213  
00:10:30,350 --> 00:10:27,420

about a continuum and most of the

214

00:10:32,300 --> 00:10:30,360

peoples that I work with as clients they

215

00:10:34,310 --> 00:10:32,310

were not multiple personality or

216

00:10:38,240 --> 00:10:34,320

dissociative identities of disorder as

217

00:10:42,050 --> 00:10:38,250

we thought today they were what we talk

218

00:10:44,620 --> 00:10:42,060

about normal everyday but as in

219

00:10:47,930 --> 00:10:44,630

childhood and in adolescents especially

220

00:10:50,720 --> 00:10:47,940

the ego self the identity is not well

221

00:10:53,690 --> 00:10:50,730

formed and those are very vulnerable

222

00:10:57,260 --> 00:10:53,700

times and so when a child or an

223

00:10:59,750 --> 00:10:57,270

adolescent is overwhelmed but just say

224

00:11:01,700 --> 00:10:59,760

they got embarrassed or humiliated at

225

00:11:04,199 --> 00:11:01,710

some point at eight years older or

226

00:11:07,509 --> 00:11:04,209

they've had an accident

227

00:11:11,230 --> 00:11:07,519

just normal traumas but if they are

228

00:11:13,750 --> 00:11:11,240

overwhelmed then a part may be created

229

00:11:17,680 --> 00:11:13,760

to take over until things can be

230

00:11:21,340 --> 00:11:17,690

stabilized and so the I think that one

231

00:11:25,509 --> 00:11:21,350

of the questions you're implying Alex we

232

00:11:28,870 --> 00:11:25,519

cannot predict what subpersonality will

233

00:11:31,900 --> 00:11:28,880

be created for a person it is a unique

234

00:11:35,889 --> 00:11:31,910

creation out of that person's own mind

235

00:11:40,509 --> 00:11:35,899

the situation what kind of distress is

236

00:11:44,980 --> 00:11:40,519

involved it just can't predict what you

237

00:11:47,829 --> 00:11:44,990

can predict someone is in trauma when

238

00:11:51,220 --> 00:11:47,839

overwhelmed the sub personality will be

239

00:11:53,650 --> 00:11:51,230

created in a way even that part of the

240

00:11:56,440 --> 00:11:53,660

book was very empowering to me in terms

241

00:11:59,259 --> 00:11:56,450

of understanding just general psychology

242

00:12:02,519 --> 00:11:59,269

why I get angry when my chrome doesn't

243

00:12:05,050 --> 00:12:02,529

refresh is I think that's rather

244

00:12:07,090 --> 00:12:05,060

irrational or why I think the weather

245

00:12:09,250 --> 00:12:07,100

should be the way that I need it to be

246

00:12:10,810 --> 00:12:09,260

and I look at the irrationality of that

247

00:12:13,840 --> 00:12:10,820

and I step back oh wow what was that

248

00:12:16,210 --> 00:12:13,850

reaction and I think your your book and

249

00:12:19,060 --> 00:12:16,220

even just because I wasn't familiar with

250

00:12:22,660 --> 00:12:19,070

this kind of egocentric kind of approach

251

00:12:25,000 --> 00:12:22,670

it just it kind of clicked for me in a

252

00:12:27,550 --> 00:12:25,010

very normal way that didn't scare me or

253

00:12:29,230 --> 00:12:27,560

make me feel like I was strange in any

254

00:12:31,420 --> 00:12:29,240

way but just that this was kind of a

255

00:12:33,639 --> 00:12:31,430

normal process that consciousness does

256

00:12:36,130 --> 00:12:33,649

to deal with things that come up so

257

00:12:37,840 --> 00:12:36,140

that's I don't want to make too big of a

258

00:12:39,190 --> 00:12:37,850

deal out of it but I guess I we want to

259

00:12:41,699 --> 00:12:39,200

make kind of a big deal out of it

260

00:12:44,410 --> 00:12:41,709

because I think it is the foundation for

261

00:12:47,230 --> 00:12:44,420

this clinical work that you do and again

262

00:12:48,910 --> 00:12:47,240

folks I can't stress enough you know dr.

263

00:12:51,430 --> 00:12:48,920

Zinser is doing clinical work he's

264

00:12:53,560 --> 00:12:51,440

trying to make these patients more

265

00:12:55,360 --> 00:12:53,570

effective in their life and what I love

266

00:12:57,910 --> 00:12:55,370

about this guy is he's constantly

267

00:13:00,819 --> 00:12:57,920

looking for new protocols and he's

268

00:13:02,530 --> 00:13:00,829

testing those in an appropriate way with

269

00:13:05,500 --> 00:13:02,540

his clients to see if it's more

270

00:13:06,880 --> 00:13:05,510

efficacious than the last so I don't

271

00:13:10,360 --> 00:13:06,890

know I think we do need to get all that

272

00:13:13,840 --> 00:13:10,370

out there well I would agree with you

273

00:13:15,020 --> 00:13:13,850

completely subpersonalities I think is

274

00:13:16,850 --> 00:13:15,030

an extreme

275

00:13:21,430 --> 00:13:16,860

important concept for understanding

276

00:13:23,690 --> 00:13:21,440

ourselves but I would emphasize that

277

00:13:27,230 --> 00:13:23,700

subpersonalities whether what we might

278

00:13:30,170 --> 00:13:27,240

call ego stage limited all the way to

279

00:13:33,620 --> 00:13:30,180

multiple personality where you have

280

00:13:37,640 --> 00:13:33,630

extreme alter personality that whole

281

00:13:42,070 --> 00:13:37,650

continuum it is not necessarily accepted

282

00:13:44,540 --> 00:13:42,080

fully by all of psychology or psychiatry

283

00:13:46,400 --> 00:13:44,550

hold on right there I want you to speak

284

00:13:49,520 --> 00:13:46,410

to that because part of what you're

285

00:13:52,820 --> 00:13:49,530

saying completely flies in the face of

286

00:13:55,130 --> 00:13:52,830

what a lot of people in the

287

00:13:57,290 --> 00:13:55,140

quote-unquote psychology community

288

00:13:59,720 --> 00:13:57,300

psychiatry community mental health

289

00:14:02,180 --> 00:13:59,730

community they are not on board with

290

00:14:05,240 --> 00:14:02,190

this and and you really braise this

291

00:14:08,710 --> 00:14:05,250

point very powerfully in your book and

292

00:14:10,930 --> 00:14:08,720

that is this what I always slam on as

293

00:14:13,280 --> 00:14:10,940

don't even have a meaningful

294

00:14:14,930 --> 00:14:13,290

understanding of consciousness and I'm

295

00:14:17,690 --> 00:14:14,940

not just throwing stones I'm saying it

296

00:14:20,150 --> 00:14:17,700

isn't coherent of my inside of their own

297

00:14:22,310 --> 00:14:20,160

framework so here you are doing

298

00:14:25,310 --> 00:14:22,320

hypnotherapy there we don't have any

299

00:14:27,470 --> 00:14:25,320

model for how or why hypnotherapy should

300

00:14:29,480 --> 00:14:27,480

work so we let that into the tent and

301  
00:14:31,550 --> 00:14:29,490  
then at the same time we go yeah but

302  
00:14:33,890 --> 00:14:31,560  
it's all brain based biological robot

303  
00:14:37,130 --> 00:14:33,900  
meaningless universe stuff it's not

304  
00:14:39,020 --> 00:14:37,140  
really coherent well I would make the

305  
00:14:42,770 --> 00:14:39,030  
distinction first between the clinician

306  
00:14:45,970 --> 00:14:42,780  
and the acronym issue there are a number

307  
00:14:48,620 --> 00:14:45,980  
of therapies that are that accept

308  
00:14:50,690 --> 00:14:48,630  
subpersonalities and they call it parts

309  
00:14:54,130 --> 00:14:50,700  
therapy they call a transactional

310  
00:14:57,230 --> 00:14:54,140  
therapy asaji all are called it psycho

311  
00:14:58,990 --> 00:14:57,240  
synthesis there are a number of

312  
00:15:01,700 --> 00:14:59,000  
approaches that have recognized

313  
00:15:04,100 --> 00:15:01,710

subpersonalities but almost all of them

314

00:15:06,110 --> 00:15:04,110

or maybe all of them cannot come out of

315

00:15:09,200 --> 00:15:06,120

the clinical tradition when you're

316

00:15:11,390 --> 00:15:09,210

actually working with people and in in

317

00:15:16,820 --> 00:15:11,400

the work you see these people kind of

318

00:15:20,780 --> 00:15:16,830

split the the academic and the empirical

319

00:15:23,390 --> 00:15:20,790

scientist side of psychology they can't

320

00:15:26,870 --> 00:15:23,400

get a handle on this unless they want to

321

00:15:28,510 --> 00:15:26,880

come into the clinical and so you're not

322

00:15:31,030 --> 00:15:28,520

you're going to find less

323

00:15:33,940 --> 00:15:31,040

acceptance in the academic and in the

324

00:15:37,540 --> 00:15:33,950

empirical science schools then you're

325

00:15:40,180 --> 00:15:37,550

going to find in the clinical so that's

326

00:15:42,270 --> 00:15:40,190

one big distinction this the clinical

327

00:15:45,520 --> 00:15:42,280

area of psychology you're gonna see

328

00:15:47,530 --> 00:15:45,530

subpersonality be a more accepted

329

00:15:49,240 --> 00:15:47,540

concept I'm glad you made that

330

00:15:52,200 --> 00:15:49,250

distinction between the clinical and the

331

00:15:55,900 --> 00:15:52,210

academic the boots on the ground folks

332

00:15:58,240 --> 00:15:55,910

see it they're not inclined to

333

00:15:59,980 --> 00:15:58,250

completely deny it and pretend like

334

00:16:01,990 --> 00:15:59,990

their experience does it matter so

335

00:16:04,930 --> 00:16:02,000

they're trying to explain it we see the

336

00:16:06,310 --> 00:16:04,940

same thing with near-death experience

337

00:16:09,400 --> 00:16:06,320

where the people are really making

338

00:16:11,410 --> 00:16:09,410

headway is the cardiology sis's I can't

339

00:16:14,170 --> 00:16:11,420

deny the fact that the person was dead

340

00:16:15,790 --> 00:16:14,180

that their heart stopped and then and

341

00:16:17,200 --> 00:16:15,800

they I can't deny the fact that they

342

00:16:19,000 --> 00:16:17,210

came back and were counted their

343

00:16:19,660 --> 00:16:19,010

resuscitation in a way that doesn't make

344

00:16:21,880 --> 00:16:19,670

any sense

345

00:16:24,940 --> 00:16:21,890

so I have to investigate that and then

346

00:16:27,100 --> 00:16:24,950

meanwhile you have the cognitive science

347

00:16:29,560 --> 00:16:27,110

people and the other people saying well

348

00:16:32,110 --> 00:16:29,570

that just doesn't fit in our paradigm so

349

00:16:34,090 --> 00:16:32,120

we don't have to deal with it so the

350

00:16:36,790 --> 00:16:34,100

related question of that and this is

351  
00:16:39,250 --> 00:16:36,800  
something I hammer on all the time I'm

352  
00:16:44,200 --> 00:16:39,260  
skeptical but I really wanted to get

353  
00:16:47,560 --> 00:16:44,210  
your take on it and that is how do they

354  
00:16:51,190 --> 00:16:47,570  
manage to hold on to such a silly

355  
00:16:53,770 --> 00:16:51,200  
ridiculous outdated view of

356  
00:16:57,610 --> 00:16:53,780  
consciousness so I hope you get what I

357  
00:16:59,440 --> 00:16:57,620  
mean there but tell me I think I clearly

358  
00:17:02,020 --> 00:16:59,450  
get it because it's one of the things

359  
00:17:04,720 --> 00:17:02,030  
that has really preoccupied me since I

360  
00:17:09,940 --> 00:17:04,730  
finished my last book is what I would

361  
00:17:12,010 --> 00:17:09,950  
term this paradigm shift and in response

362  
00:17:16,030 --> 00:17:12,020  
to your question about what it is about

363  
00:17:18,100 --> 00:17:16,040

these folks my sense alex is that when

364

00:17:21,760 --> 00:17:18,110

it comes to the psychic a spirit

365

00:17:27,040 --> 00:17:21,770

dimensions of self and reality ourselves

366

00:17:30,850 --> 00:17:27,050

as soul it leads to an all-or-none kind

367

00:17:33,790 --> 00:17:30,860

of line you're either all in or you're

368

00:17:36,340 --> 00:17:33,800

still hedging and the empirical

369

00:17:39,430 --> 00:17:36,350

scientist today the cognitive

370

00:17:42,110 --> 00:17:39,440

psychologist the people who really fight

371

00:17:45,260 --> 00:17:42,120

against these kind of other

372

00:17:48,230 --> 00:17:45,270

mansions they're facing that all-or-none

373

00:17:50,840 --> 00:17:48,240

line because if you cross it

374

00:17:54,620 --> 00:17:50,850

if you cross it your world is going to

375

00:17:57,440 --> 00:17:54,630

turn upside down if you if you consider

376

00:18:00,590 --> 00:17:57,450

yourself to be a soul who has past lives

377

00:18:02,570 --> 00:18:00,600

has lived past lies that is going to

378

00:18:05,900 --> 00:18:02,580

change your way of thinking about who

379

00:18:08,780 --> 00:18:05,910

you are why certain things go on for you

380

00:18:12,230 --> 00:18:08,790

the way they do what you may be about

381

00:18:14,810 --> 00:18:12,240

where you're headed all of that changes

382

00:18:16,490 --> 00:18:14,820

if you cross the line and say you know I

383

00:18:22,280 --> 00:18:16,500

think I've been around for more than one

384

00:18:27,919 --> 00:18:22,290

lifetime I really believe that that line

385

00:18:31,010 --> 00:18:27,929

is implicitly known by these folks at an

386

00:18:34,700 --> 00:18:31,020

unconscious level it's known and it

387

00:18:37,310 --> 00:18:34,710

scares them they resisted do you think

388

00:18:41,390 --> 00:18:37,320

it might be known at a conscious level

389

00:18:45,440 --> 00:18:41,400

and is not crossed because the

390

00:18:50,419 --> 00:18:45,450

implications for social engineering

391

00:18:53,600 --> 00:18:50,429

social control manipulation in either a

392

00:18:56,810 --> 00:18:53,610

positive or negative way yes I believe

393

00:18:59,180 --> 00:18:56,820

that ultimately there is the concern

394

00:19:01,450 --> 00:18:59,190

that if people really began to

395

00:19:05,180 --> 00:19:01,460

understand the power they have as

396

00:19:07,669 --> 00:19:05,190

conscious beings I would believe that

397

00:19:13,580 --> 00:19:07,679

the powers that be would not want that

398

00:19:16,160 --> 00:19:13,590

to be given full freedom so Jarrod had

399

00:19:18,220 --> 00:19:16,170

said a long time ago to me thought is

400

00:19:21,020 --> 00:19:18,230

the most powerful force in the universe

401  
00:19:23,120 --> 00:19:21,030  
so if you can imagine people opening

402  
00:19:26,030 --> 00:19:23,130  
their thinking to other conscious realms

403  
00:19:27,740 --> 00:19:26,040  
I would see governments yes being

404  
00:19:30,710 --> 00:19:27,750  
threatened to somewhat by people

405  
00:19:33,530 --> 00:19:30,720  
discovering that kind of power and it's

406  
00:19:35,330 --> 00:19:33,540  
funny I totally hear you and I am

407  
00:19:37,850 --> 00:19:35,340  
jumping ahead here but I can't resist

408  
00:19:41,440 --> 00:19:37,860  
speak to responsibility that goes with

409  
00:19:45,290 --> 00:19:41,450  
the power well yeah that's a big jump I

410  
00:19:48,380 --> 00:19:45,300  
mean the Jerez message is we every one

411  
00:19:53,480 --> 00:19:48,390  
of us each of us is a beam of light in

412  
00:19:55,940 --> 00:19:53,490  
our soul and that is in itself powerful

413  
00:20:00,139 --> 00:19:55,950

that we are powerful

414

00:20:02,960 --> 00:20:00,149

this whole Jerez view is that we come

415

00:20:07,190 --> 00:20:02,970

and live our life times in order to

416

00:20:10,399 --> 00:20:07,200

awaken [\h\_\_\h] and by that he's talking

417

00:20:12,440 --> 00:20:10,409

about awakening to one's own power he's

418

00:20:15,409 --> 00:20:12,450

talking about the power of light the

419

00:20:19,070 --> 00:20:15,419

power of knowledge not not a power to

420

00:20:22,639 --> 00:20:19,080

use against others but the power to

421

00:20:26,560 --> 00:20:22,649

create to be that that pure light that

422

00:20:30,200 --> 00:20:26,570

you that we are so yes there is a

423

00:20:32,320 --> 00:20:30,210

responsibility I guess I have to

424

00:20:37,100 --> 00:20:32,330

approach it a different way and that is

425

00:20:41,269 --> 00:20:37,110

each of us born created with absolute

426

00:20:45,769 --> 00:20:41,279

free choice our responsibility is to not

427

00:20:48,009 --> 00:20:45,779

violate others free choice we have

428

00:20:50,690 --> 00:20:48,019

refree choice we keep that free choice

429

00:20:54,470 --> 00:20:50,700

so these two in terms of responsibility

430

00:20:58,750 --> 00:20:54,480

is that we not violate others free

431

00:21:01,970 --> 00:20:58,760

choice but Jared will say that is in

432

00:21:03,620 --> 00:21:01,980

incarnations as humans we explore all

433

00:21:04,399 --> 00:21:03,630

kinds of things between the light and

434

00:21:07,159 --> 00:21:04,409

the dark

435

00:21:10,669 --> 00:21:07,169

that's that's what that's what Awakening

436

00:21:14,149 --> 00:21:10,679

is about responsibility isn't not

437

00:21:18,259 --> 00:21:14,159

violating others awesome and we did take

438

00:21:20,299 --> 00:21:18,269

a big jump so let's back up and let's go

439

00:21:23,120 --> 00:21:20,309

right back to the beginning of this

440

00:21:26,330 --> 00:21:23,130

story because I kind of left a little

441

00:21:29,529 --> 00:21:26,340

bit of a cliffhanger there so you're a

442

00:21:32,779 --> 00:21:29,539

practicing clinical psychologist

443

00:21:34,669 --> 00:21:32,789

hypnotherapist and this woman who you

444

00:21:37,100 --> 00:21:34,679

know because she works in your office

445

00:21:38,389 --> 00:21:37,110

but you don't know her that well comes

446

00:21:40,730 --> 00:21:38,399

in to your office

447

00:21:42,320 --> 00:21:40,740

because she's overheard because you're

448

00:21:44,149 --> 00:21:42,330

kind of an open-ended guy and you're

449

00:21:45,529 --> 00:21:44,159

exploring hypnotherapy so some of the

450

00:21:47,509 --> 00:21:45,539

guys in the office are talking about

451

00:21:49,370 --> 00:21:47,519

Robert Monroe and out-of-body

452

00:21:51,470 --> 00:21:49,380

experiences you haven't played around

453

00:21:55,639 --> 00:21:51,480

with that and she hears that and she

454

00:21:57,710 --> 00:21:55,649

sees an opening so she comes in and what

455

00:22:01,940 --> 00:21:57,720

does she talk to you about and what

456

00:22:05,149 --> 00:22:01,950

happens next well Katherine offered me

457

00:22:08,830 --> 00:22:05,159

an opportunity to have a session with

458

00:22:11,509 --> 00:22:08,840

the spirit entity that she channeled

459

00:22:14,119 --> 00:22:11,519

how does that how does that conversation

460

00:22:16,100 --> 00:22:14,129

go how does somebody sit down with you

461

00:22:19,090 --> 00:22:16,110

and say I've been channeling the spirit

462

00:22:21,889 --> 00:22:19,100

and I he might be willing to talk to you

463

00:22:24,499 --> 00:22:21,899

well but something I never considered

464

00:22:25,730 --> 00:22:24,509

with everything I did but she came in

465

00:22:29,210 --> 00:22:25,740

said she had overheard the conversation

466

00:22:32,330 --> 00:22:29,220

in the lunchroom and it brought back to

467

00:22:35,509 --> 00:22:32,340

her that as a much younger woman she

468

00:22:39,379 --> 00:22:35,519

hadn't experienced where Jared had

469

00:22:43,279 --> 00:22:39,389

approached her mentally and she she had

470

00:22:45,739 --> 00:22:43,289

shut it down and when she heard me

471

00:22:47,570 --> 00:22:45,749

talking about out-of-body experience and

472

00:22:49,909 --> 00:22:47,580

these kinds of things

473

00:22:52,909 --> 00:22:49,919

she said she sat down again with her

474

00:22:55,489 --> 00:22:52,919

husband and went into her trance and

475

00:22:56,749 --> 00:22:55,499

Jared was right there she wasn't quite

476

00:23:00,460 --> 00:22:56,759

sure what to make of it

477

00:23:04,159 --> 00:23:00,470

so she approached me as a way to maybe

478

00:23:06,409 --> 00:23:04,169

validate or help her be clear on what

479

00:23:09,049 --> 00:23:06,419

exactly this Jared thing was and what

480

00:23:11,269 --> 00:23:09,059

happened and meanwhile she was offering

481

00:23:14,810 --> 00:23:11,279

me an experience with one of these

482

00:23:18,519 --> 00:23:14,820

paranormal or anomalous sorts of

483

00:23:21,710 --> 00:23:18,529

experiences so I was open i sat down

484

00:23:24,499 --> 00:23:21,720

what I had to lose you you're open tom

485

00:23:26,570 --> 00:23:24,509

but you know let's let's dive into that

486

00:23:28,879 --> 00:23:26,580

a little bit further because you're a

487

00:23:31,009 --> 00:23:28,889

smart guy you're thinking about a lot of

488

00:23:35,230 --> 00:23:31,019

things you're reading a ton of books so

489

00:23:39,080 --> 00:23:35,240

I'm sure at this point you're also leery

490

00:23:41,960 --> 00:23:39,090

skeptical careful about channeling

491

00:23:44,210 --> 00:23:41,970

spirits we've all heard this it can lead

492

00:23:47,450 --> 00:23:44,220

to a lot of confusion at the very least

493

00:23:50,930 --> 00:23:47,460

it can lead to just misinformation and

494

00:23:53,840 --> 00:23:50,940

being trickster door even worse kind of

495

00:23:57,759 --> 00:23:53,850

thing so as you approach this what kind

496

00:24:00,350 --> 00:23:57,769

of not just safeguards but how are you

497

00:24:04,399 --> 00:24:00,360

thinking you will approach this as a

498

00:24:07,159 --> 00:24:04,409

clinician well let me give an example of

499

00:24:12,289 --> 00:24:07,169

my first conversation with Jared what

500

00:24:14,359 --> 00:24:12,299

and the case that came up and that was a

501  
00:24:19,450 --> 00:24:14,369  
fella I was working with he he was

502  
00:24:21,200 --> 00:24:19,460  
around 40 and in trying to identify his

503  
00:24:21,860 --> 00:24:21,210  
subpersonalities out they were getting

504  
00:24:25,430 --> 00:24:21,870  
in the way

505  
00:24:28,960 --> 00:24:25,440  
I was getting communication from the

506  
00:24:31,430 --> 00:24:28,970  
inner world and as I tried to pin down

507  
00:24:32,930 --> 00:24:31,440  
can i interject here with it with I want

508  
00:24:37,310 --> 00:24:32,940  
you to clarify something for me

509  
00:24:40,610 --> 00:24:37,320  
is it ideomotor signaling right did you

510  
00:24:42,799 --> 00:24:40,620  
go ahead and explain to people what this

511  
00:24:46,760 --> 00:24:42,809  
particular kind of hypnotherapy

512  
00:24:51,200 --> 00:24:46,770  
technique is the ideomotor response is

513  
00:24:52,730 --> 00:24:51,210

an old old hypnotic technique and it is

514

00:24:56,149 --> 00:24:52,740

a way of communicating with the

515

00:24:59,330 --> 00:24:56,159

unconscious through signals rather than

516

00:25:01,669 --> 00:24:59,340

verbal interaction so we want to put

517

00:25:03,560 --> 00:25:01,679

people in a deep trance so we can get to

518

00:25:04,880 --> 00:25:03,570

that deeper part of the subconscious

519

00:25:06,440 --> 00:25:04,890

even though we don't know what any of

520

00:25:08,240 --> 00:25:06,450

these terms mean we don't really know

521

00:25:10,039 --> 00:25:08,250

what hypnotherapy is doing we don't know

522

00:25:11,360 --> 00:25:10,049

what deep consciousness would be we

523

00:25:12,860 --> 00:25:11,370

don't know any of that but it were just

524

00:25:15,500 --> 00:25:12,870

as a clinician you're saying hey this is

525

00:25:19,039 --> 00:25:15,510

effective get to a deep trance state get

526

00:25:21,440 --> 00:25:19,049

the verbal part of the whole brain thing

527

00:25:25,669 --> 00:25:21,450

out of it and just see if I can get

528

00:25:29,750 --> 00:25:25,679

really simple kind of signals right yes

529

00:25:34,340 --> 00:25:29,760

asking yes or no questions any signals

530

00:25:37,039 --> 00:25:34,350

yes no stop or I don't know and this

531

00:25:41,600 --> 00:25:37,049

technique using signals and I use finger

532

00:25:44,840 --> 00:25:41,610

signals it is a very quick way to bypass

533

00:25:47,090 --> 00:25:44,850

the conscious mind get the verbal self

534

00:25:49,250 --> 00:25:47,100

out of the way so that the client

535

00:25:53,720 --> 00:25:49,260

consciously is not responsible for

536

00:25:57,169 --> 00:25:53,730

anything I'm asking I am NOT asking them

537

00:25:59,720 --> 00:25:57,179

I'm asking they're unconscious mind so

538

00:26:02,720 --> 00:25:59,730

the ideomotor response is what I'm using

539

00:26:06,620 --> 00:26:02,730

with clients back then so you go to talk

540

00:26:09,830 --> 00:26:06,630

to Jared and how does that go well it

541

00:26:13,370 --> 00:26:09,840

took a while for him Jared and I to

542

00:26:16,010 --> 00:26:13,380

develop a language and understanding but

543

00:26:18,409 --> 00:26:16,020

in that first session I did bring up a

544

00:26:22,700 --> 00:26:18,419

case this one where I kept getting

545

00:26:25,700 --> 00:26:22,710

contradictory answers and he gave me

546

00:26:28,490 --> 00:26:25,710

information and he said that there was a

547

00:26:32,139 --> 00:26:28,500

spirit presence with this client who was

548

00:26:35,049 --> 00:26:32,149

interfering with him and confusing and

549

00:26:38,560 --> 00:26:35,059

that was

550

00:26:41,529 --> 00:26:38,570

bit of a shock to me but I did take it

551  
00:26:45,100 --> 00:26:41,539  
back in the next therapy session with

552  
00:26:47,950 --> 00:26:45,110  
this man and I started asking questions

553  
00:26:50,619 --> 00:26:47,960  
as if Jarrod's information were correct

554  
00:26:52,869 --> 00:26:50,629  
that there was a spirit present hold on

555  
00:26:55,090 --> 00:26:52,879  
right there time this is a huge leap and

556  
00:26:57,879 --> 00:26:55,100  
you alluded to this at the very

557  
00:26:59,049 --> 00:26:57,889  
beginning of this interview that it

558  
00:27:00,489 --> 00:26:59,059  
almost sounded like you felt a little

559  
00:27:03,879 --> 00:27:00,499  
bit guilty that you went off reservation

560  
00:27:06,659 --> 00:27:03,889  
like this in terms of the normal

561  
00:27:10,330 --> 00:27:06,669  
protocol that's being used but I love

562  
00:27:12,940 --> 00:27:10,340  
the clinician in you in the way that you

563  
00:27:14,980 --> 00:27:12,950

approach this is you are going to take

564

00:27:18,009 --> 00:27:14,990

this information and with all your

565

00:27:20,499 --> 00:27:18,019

training background and experience which

566

00:27:23,680 --> 00:27:20,509

is very substantial at this point you

567

00:27:25,720 --> 00:27:23,690

are going to test this in a real way did

568

00:27:29,619 --> 00:27:25,730

you worry at all at this point that you

569

00:27:31,629 --> 00:27:29,629

might be leading yourself into a state

570

00:27:34,029 --> 00:27:31,639

of where you might be deluding yourself

571

00:27:35,859 --> 00:27:34,039

when you go talk to your clients as I

572

00:27:38,379 --> 00:27:35,869

said I had been communicating with this

573

00:27:42,249 --> 00:27:38,389

client trying to the unconscious getting

574

00:27:44,379 --> 00:27:42,259

these contradictory responses but when

575

00:27:47,950 --> 00:27:44,389

Jared gave me this information when I

576

00:27:51,489 --> 00:27:47,960

went back to my client I was already in

577

00:27:54,430 --> 00:27:51,499

the habit of a question and working with

578

00:27:57,430 --> 00:27:54,440

him before with all the contradictions I

579

00:28:00,450 --> 00:27:57,440

did not feel I was communicating all of

580

00:28:04,180 --> 00:28:00,460

a sudden with Jerez information

581

00:28:07,600 --> 00:28:04,190

reframing it and asking the questions I

582

00:28:10,180 --> 00:28:07,610

began to get responses that made sense

583

00:28:12,580 --> 00:28:10,190

to me now let's make sure we're explicit

584

00:28:14,889 --> 00:28:12,590

about this reframing because as I

585

00:28:16,029 --> 00:28:14,899

understand it and again Tom please

586

00:28:19,749 --> 00:28:16,039

correct me because I might have

587

00:28:21,669 --> 00:28:19,759

misinterpreted things is that your the

588

00:28:25,060 --> 00:28:21,679

hypnotherapy technique that you're using

589

00:28:28,450 --> 00:28:25,070

this signalling you shift now from

590

00:28:32,259 --> 00:28:28,460

talking to the ego part of this person

591

00:28:34,269 --> 00:28:32,269

to a separate spirit entity that is

592

00:28:37,570 --> 00:28:34,279

somehow communicating through this

593

00:28:41,049 --> 00:28:37,580

person and that leads to it leads to

594

00:28:45,490 --> 00:28:41,059

what what does it lead to Wow now we're

595

00:28:48,850 --> 00:28:45,500

talking 32 years ago here I went through

596

00:28:51,640 --> 00:28:48,860

communication with this spirit when

597

00:28:54,910 --> 00:28:51,650

klein wasn't trans but he was also

598

00:28:58,690 --> 00:28:54,920

consciously getting things coming to him

599

00:29:03,160 --> 00:28:58,700

and so he would intermittently also be

600

00:29:04,930 --> 00:29:03,170

reporting things to me verbally and he

601  
00:29:08,950 --> 00:29:04,940  
could feel this he could feel what was

602  
00:29:12,039 --> 00:29:08,960  
happening and he also had his own sense

603  
00:29:15,310 --> 00:29:12,049  
that this was not him and so he was he

604  
00:29:17,169 --> 00:29:15,320  
was shocked as well i mean we both were

605  
00:29:20,110 --> 00:29:17,179  
shocked by this because he wasn't

606  
00:29:23,530 --> 00:29:20,120  
expecting it that's for sure so it was

607  
00:29:27,130 --> 00:29:23,540  
my first attempt to engage and

608  
00:29:31,450 --> 00:29:27,140  
communicate in a way with what appeared

609  
00:29:33,850 --> 00:29:31,460  
to be a separate entity and i felt that

610  
00:29:35,770 --> 00:29:33,860  
i received enough confirmation enough

611  
00:29:38,740 --> 00:29:35,780  
back-and-forth communication with this

612  
00:29:41,500 --> 00:29:38,750  
entity and the information we finally

613  
00:29:44,789 --> 00:29:41,510

had is that it was willing to leave so

614

00:29:47,919 --> 00:29:44,799

it's not like i came out of that 100%

615

00:29:51,690 --> 00:29:47,929

convinced but but it had talked to me

616

00:29:55,690 --> 00:29:51,700

went for so many sessions it hadn't and

617

00:29:59,590 --> 00:29:55,700

that was a step forward so that begins

618

00:30:02,950 --> 00:29:59,600

this process that you enter into with

619

00:30:07,510 --> 00:30:02,960

jared where you were actually consulting

620

00:30:10,240 --> 00:30:07,520

with him about clients and as strange as

621

00:30:12,760 --> 00:30:10,250

that might sound and as for some people

622

00:30:14,080 --> 00:30:12,770

it might sound unprofessional it might

623

00:30:15,700 --> 00:30:14,090

sound like you have crossed some

624

00:30:18,490 --> 00:30:15,710

boundary there that you're not supposed

625

00:30:20,830 --> 00:30:18,500

to cross although again i would again

626

00:30:23,380 --> 00:30:20,840

take this back folks and say what

627

00:30:25,600 --> 00:30:23,390

boundary do we think we're creating if

628

00:30:28,120 --> 00:30:25,610

this is the greater reality and we found

629

00:30:32,020 --> 00:30:28,130

a way to access that greater reality and

630

00:30:34,930 --> 00:30:32,030

possibly apply good scientific methods

631

00:30:36,640 --> 00:30:34,940

to it why would we want to hold off from

632

00:30:38,230 --> 00:30:36,650

doing that for just some arbitrary

633

00:30:41,169 --> 00:30:38,240

reasons we've said but i don't want to

634

00:30:43,510 --> 00:30:41,179

bury the lead here you as you document

635

00:30:45,640 --> 00:30:43,520

in this incredible book that people need

636

00:30:50,250 --> 00:30:45,650

to really really get and and fully

637

00:30:53,289 --> 00:30:50,260

experience what went on here you get

638

00:30:55,799 --> 00:30:53,299

specific information from Jared about

639

00:30:58,299 --> 00:30:55,809

clients that you're then able to use

640

00:31:00,070 --> 00:30:58,309

clinically what was that process like

641

00:31:02,060 --> 00:31:00,080

I'm sure it was confirming to you we

642

00:31:04,250 --> 00:31:02,070

just talked about the first case but

643

00:31:08,780 --> 00:31:04,260

hundreds and hundreds of cases right yes

644

00:31:10,640 --> 00:31:08,790

yes and I mean basically the after my

645

00:31:14,000 --> 00:31:10,650

first session when Jared and my going

646

00:31:16,610 --> 00:31:14,010

taking it back to my clients I was so

647

00:31:18,740 --> 00:31:16,620

intrigued with this possibility I asked

648

00:31:21,410 --> 00:31:18,750

Katherine month later for another

649

00:31:23,990 --> 00:31:21,420

session which he agreed to and I talked

650

00:31:26,060 --> 00:31:24,000

with Jared again this was really done in

651  
00:31:27,740 --> 00:31:26,070  
automatic writing it wasn't done

652  
00:31:30,200 --> 00:31:27,750  
verbally talking with Kara

653  
00:31:32,630 --> 00:31:30,210  
well after that second session which

654  
00:31:34,430 --> 00:31:32,640  
aired a month later I asked Katherine if

655  
00:31:36,680 --> 00:31:34,440  
you would never know that one because

656  
00:31:39,230 --> 00:31:36,690  
this information was it just was right

657  
00:31:43,400 --> 00:31:39,240  
on so about four months after I met

658  
00:31:45,050 --> 00:31:43,410  
Jared Effie and I agreed on forming this

659  
00:31:48,230 --> 00:31:45,060  
collaboration with Jared

660  
00:31:50,720 --> 00:31:48,240  
so I began meeting with Katherine once a

661  
00:31:53,420 --> 00:31:50,730  
week during the week with clients I kept

662  
00:31:56,000 --> 00:31:53,430  
a list of questions on my legal path so

663  
00:31:59,240 --> 00:31:56,010

I would write down questions about where

664

00:32:01,310 --> 00:31:59,250

we got stuck with the client or what was

665

00:32:03,830 --> 00:32:01,320

happening but also wrote down

666

00:32:06,650 --> 00:32:03,840

metaphysical questions on that legal pad

667

00:32:08,990 --> 00:32:06,660

and then at the end of the week I would

668

00:32:13,090 --> 00:32:09,000

meet with Jared with my questions there

669

00:32:16,070 --> 00:32:13,100

go over all of those I would go home and

670

00:32:19,550 --> 00:32:16,080

during the week I would transcribe that

671

00:32:23,120 --> 00:32:19,560

session and take that information back

672

00:32:25,550 --> 00:32:23,130

to the sessions with my clients using

673

00:32:28,730 --> 00:32:25,560

that information with each of those

674

00:32:32,390 --> 00:32:28,740

individual clients then I would take

675

00:32:36,500 --> 00:32:32,400

that communication that hypnotherapy

676

00:32:39,440 --> 00:32:36,510

work and see if I could engage see if I

677

00:32:42,650 --> 00:32:39,450

could get a communication and it

678

00:32:45,080 --> 00:32:42,660

happened over and over and that leads to

679

00:32:47,480 --> 00:32:45,090

as we learn in the book it leads to you

680

00:32:50,510 --> 00:32:47,490

developing more of I don't want us to

681

00:32:53,360 --> 00:32:50,520

say intuitive but an intuitive sense of

682

00:32:54,980 --> 00:32:53,370

what might be going on so your questions

683

00:32:56,540 --> 00:32:54,990

to Jared as we're reading the book or

684

00:32:58,100 --> 00:32:56,550

more pointed you kind of know hey I

685

00:33:00,320 --> 00:32:58,110

think this is going on and can you

686

00:33:03,500 --> 00:33:00,330

confirm that rather than what the heck

687

00:33:05,840 --> 00:33:03,510

is going on let's just stop there

688

00:33:08,900 --> 00:33:05,850

well there's kind of the process of

689

00:33:11,120 --> 00:33:08,910

jared identifying something am i going

690

00:33:13,370 --> 00:33:11,130

and testing it out I mean you got people

691

00:33:15,530 --> 00:33:13,380

with past life stuff he got people with

692

00:33:15,940 --> 00:33:15,540

spirit attachments you got people just

693

00:33:18,530 --> 00:33:15,950

there

694

00:33:21,640 --> 00:33:18,540

subpersonalities all these different

695

00:33:24,380 --> 00:33:21,650

clients I would follow up with him and

696

00:33:27,100 --> 00:33:24,390

then take that information back in all

697

00:33:31,280 --> 00:33:27,110

the different situations and see if I

698

00:33:33,920 --> 00:33:31,290

could have ongoing communication but he

699

00:33:37,100 --> 00:33:33,930

would identify something at first and I

700

00:33:39,290 --> 00:33:37,110

feel a need to bring in here that one of

701  
00:33:42,560 --> 00:33:39,300  
the things he identified was that part

702  
00:33:45,890 --> 00:33:42,570  
of us sell ourselves that he called the

703  
00:33:49,490 --> 00:33:45,900  
higher self and that higher self

704  
00:33:52,070 --> 00:33:49,500  
according to Jared knew so much of the

705  
00:33:55,520 --> 00:33:52,080  
person's inner world was aware of their

706  
00:33:59,230 --> 00:33:55,530  
soul history was able to be a conduit of

707  
00:34:02,480 --> 00:33:59,240  
light for each of us in our present life

708  
00:34:06,650 --> 00:34:02,490  
this higher self became more and more a

709  
00:34:09,200 --> 00:34:06,660  
central figure that I worked with when

710  
00:34:11,510 --> 00:34:09,210  
each client that I would establish

711  
00:34:15,649 --> 00:34:11,520  
communication with their higher selves

712  
00:34:17,800 --> 00:34:15,659  
now Jared has said when I and I explored

713  
00:34:21,050 --> 00:34:17,810

this deeply with him about higher self

714

00:34:24,080 --> 00:34:21,060

he pictured the higher self as though

715

00:34:26,990 --> 00:34:24,090

the soul projected a piece of itself

716

00:34:30,200 --> 00:34:27,000

into the present life when the person is

717

00:34:32,990 --> 00:34:30,210

born and in projecting that piece of

718

00:34:34,850 --> 00:34:33,000

itself that higher self knew it was part

719

00:34:37,970 --> 00:34:34,860

of the light it knew was part of the

720

00:34:40,520 --> 00:34:37,980

soul and it was for this person's

721

00:34:44,210 --> 00:34:40,530

lifetime living innocence a beacon of

722

00:34:47,119 --> 00:34:44,220

light an inner guide and I began to work

723

00:34:51,110 --> 00:34:47,129

with that higher self to be a part that

724

00:34:53,740 --> 00:34:51,120

could explore and identify parts of the

725

00:34:56,990 --> 00:34:53,750

self that were in trouble grad problems

726  
00:35:00,020 --> 00:34:57,000  
to make it Eve to me even more

727  
00:35:02,870 --> 00:35:00,030  
impressive the higher self could

728  
00:35:05,660 --> 00:35:02,880  
communicate directly to the ego space

729  
00:35:08,240 --> 00:35:05,670  
the sub personality it's as if the

730  
00:35:11,630 --> 00:35:08,250  
higher self could go to where the sub

731  
00:35:14,420 --> 00:35:11,640  
personality was and communicate to it

732  
00:35:17,120 --> 00:35:14,430  
directly and higher self could also

733  
00:35:20,540 --> 00:35:17,130  
bring that subpersonality the divine

734  
00:35:23,420 --> 00:35:20,550  
light from the soul and from the Creator

735  
00:35:26,030 --> 00:35:23,430  
could bring the light to the sub

736  
00:35:28,010 --> 00:35:26,040  
personality and this is another one of

737  
00:35:29,120 --> 00:35:28,020  
those confirmation things and I would

738  
00:35:31,849 --> 00:35:29,130

tell you it's one of the most

739

00:35:36,859 --> 00:35:31,859

powerful I have worked with thousands

740

00:35:40,609 --> 00:35:36,869

and thousands with subpersonalities 99%

741

00:35:44,240 --> 00:35:40,619

of the time once higher-self brought the

742

00:35:46,759 --> 00:35:44,250

light to a subpersonality it changed his

743

00:35:49,579 --> 00:35:46,769

attitude and his perception almost

744

00:35:52,789 --> 00:35:49,589

immediately it became agreeable with the

745

00:35:55,849 --> 00:35:52,799

healing process it became agreeable with

746

00:36:00,049 --> 00:35:55,859

heal sharing its trauma even though that

747

00:36:03,680 --> 00:36:00,059

was painful when you see something like

748

00:36:06,440 --> 00:36:03,690

that happened 99% of the power to me

749

00:36:08,900 --> 00:36:06,450

that's a scientific finding it's a

750

00:36:12,019 --> 00:36:08,910

consistent finding the significance is

751

00:36:14,720 --> 00:36:12,029

out of the ballpark and but that still

752

00:36:17,029 --> 00:36:14,730

happens today now we have a bunch of

753

00:36:19,609 --> 00:36:17,039

skeptical questions that you just kind

754

00:36:22,930 --> 00:36:19,619

of raised let's get to code drill here

755

00:36:26,089 --> 00:36:22,940

so nothing nothing to be surprised about

756

00:36:27,890 --> 00:36:26,099

well one thing is you're gonna trigger a

757

00:36:29,089 --> 00:36:27,900

lot of people I hate that word but it's

758

00:36:31,809 --> 00:36:29,099

the right word you're gonna trigger a

759

00:36:36,289 --> 00:36:31,819

lot of people with certainly with divine

760

00:36:39,680 --> 00:36:36,299

with God with Creator with even higher

761

00:36:43,299 --> 00:36:39,690

self these are all words that are highly

762

00:36:45,829 --> 00:36:43,309

charged in our society and our culture

763

00:36:49,400 --> 00:36:45,839

particularly because of the religious

764

00:36:52,519 --> 00:36:49,410

connotations to them so Kent but as part

765

00:36:55,910 --> 00:36:52,529

of the way to dive into that talk to me

766

00:37:00,049 --> 00:36:55,920

about religion and how you understand

767

00:37:02,390 --> 00:37:00,059

religion fitting into what became your

768

00:37:04,549 --> 00:37:02,400

larger worldview your larger

769

00:37:07,609 --> 00:37:04,559

understanding of the extended

770

00:37:10,519 --> 00:37:07,619

consciousness realms I basically think

771

00:37:10,940 --> 00:37:10,529

in terms of spirituality in spiritual

772

00:37:15,970 --> 00:37:10,950

realm

773

00:37:20,480 --> 00:37:15,980

I look at religions plural as forms

774

00:37:23,029 --> 00:37:20,490

attempting to help humans come to know

775

00:37:26,329 --> 00:37:23,039

and understand their divinity their own

776

00:37:27,829 --> 00:37:26,339

divine light their soul okay but let me

777

00:37:29,799 --> 00:37:27,839

interject a question here cuz I just

778

00:37:32,630 --> 00:37:29,809

talked to a guy maybe two weeks ago

779

00:37:35,390 --> 00:37:32,640

terrific guy's name is David ditch field

780

00:37:36,950 --> 00:37:35,400

he had this increase from the UK he had

781

00:37:39,470 --> 00:37:36,960

this incredible near-death experience

782

00:37:41,749 --> 00:37:39,480

where he was dragged under a train and

783

00:37:42,570 --> 00:37:41,759

you know left his body and he met God

784

00:37:45,300 --> 00:37:42,580

and he saw

785

00:37:48,390 --> 00:37:45,310

Jesus and he came back and he was

786

00:37:52,290 --> 00:37:48,400

meeting with with a person at a

787

00:37:55,230 --> 00:37:52,300

spiritualist Church who had abilities to

788

00:37:57,780 --> 00:37:55,240

see and understand these extended realms

789

00:38:00,390 --> 00:37:57,790

and she said you met Jesus didn't you

790

00:38:02,550 --> 00:38:00,400

and he goes yeah I met Jesus and I was

791

00:38:05,310 --> 00:38:02,560

talking to David and I said what do you

792

00:38:07,800 --> 00:38:05,320

think about that how do you understand

793

00:38:09,540 --> 00:38:07,810

that idea that you met quote/unquote

794

00:38:12,780 --> 00:38:09,550

Jesus because if we look for Jesus

795

00:38:14,610 --> 00:38:12,790

historically we don't always find Jesus

796

00:38:17,520 --> 00:38:14,620

and if we look at what some people have

797

00:38:20,010 --> 00:38:17,530

done with her with their Jesus we don't

798

00:38:22,320 --> 00:38:20,020

really feel so great about that and yet

799

00:38:25,560 --> 00:38:22,330

this was he felt very confident that

800

00:38:28,650 --> 00:38:25,570

this was his experience in this extended

801  
00:38:32,280 --> 00:38:28,660  
realm and that experience was mediated

802  
00:38:34,590 --> 00:38:32,290  
by a higher spirit guide that was

803  
00:38:37,230 --> 00:38:34,600  
interested in his good and it sounded

804  
00:38:38,640 --> 00:38:37,240  
like it sounded all good he wasn't he

805  
00:38:41,280 --> 00:38:38,650  
didn't come back and do a bunch of evil

806  
00:38:43,140 --> 00:38:41,290  
stuff to the contrary he came back and

807  
00:38:46,200 --> 00:38:43,150  
seemed to be changed for the positive

808  
00:38:49,020 --> 00:38:46,210  
how are we to understand for example

809  
00:38:52,380 --> 00:38:49,030  
that guy's experience or millions of

810  
00:38:55,890 --> 00:38:52,390  
other people's experience with a Jesus

811  
00:38:58,590 --> 00:38:55,900  
that may or may not be historical in the

812  
00:39:00,870 --> 00:38:58,600  
sense that we think about you're asking

813  
00:39:05,460 --> 00:39:00,880

big questions Alex see in the spirit

814

00:39:10,340 --> 00:39:05,470

realm of light where Souls exist there

815

00:39:12,810 --> 00:39:10,350

are spirit guides there are those

816

00:39:16,650 --> 00:39:12,820

departed loved ones and all of us have

817

00:39:20,460 --> 00:39:16,660

who have passed on those souls in the

818

00:39:22,200 --> 00:39:20,470

light can also be aware of us and Jared

819

00:39:25,500 --> 00:39:22,210

had said that from the beginning the

820

00:39:29,760 --> 00:39:25,510

promise and he used the term light or

821

00:39:32,700 --> 00:39:29,770

God that the promise was made that each

822

00:39:36,800 --> 00:39:32,710

of us who incarnated every soul who

823

00:39:40,800 --> 00:39:36,810

incarnated would have a spirit card and

824

00:39:42,930 --> 00:39:40,810

so my view is we all have at least one

825

00:39:45,780 --> 00:39:42,940

spirit guide we may have different

826

00:39:48,030 --> 00:39:45,790

guides during our lifetime and at times

827

00:39:51,870 --> 00:39:48,040

we may have more than one guide involved

828

00:39:53,760 --> 00:39:51,880

with us so when we talk about in the

829

00:39:56,370 --> 00:39:53,770

near-death experience when we talk about

830

00:39:58,380 --> 00:39:56,380

people who are close to death and

831

00:40:00,900 --> 00:39:58,390

Hospice who are getting ready to make

832

00:40:03,480 --> 00:40:00,910

transition they will see the part of

833

00:40:08,339 --> 00:40:03,490

family members come to them that is so

834

00:40:12,150 --> 00:40:08,349

common and thing is in spirit realm and

835

00:40:14,400 --> 00:40:12,160

at our unconscious soul level there's

836

00:40:18,410 --> 00:40:14,410

more that's known than we do know

837

00:40:21,359 --> 00:40:18,420

consciously the person who sees Jesus as

838

00:40:24,839 --> 00:40:21,369

opposed to the person who sees Muhammad

839

00:40:27,120 --> 00:40:24,849

as opposed to the person who sees

840

00:40:30,839 --> 00:40:27,130

another kind of beam of light that

841

00:40:32,999 --> 00:40:30,849

presentation is for the person who's

842

00:40:35,700 --> 00:40:33,009

having the experience hold on pause

843

00:40:39,140 --> 00:40:35,710

right there and tell me we've heard that

844

00:40:43,470 --> 00:40:39,150

we've heard that so many times tell me

845

00:40:46,950 --> 00:40:43,480

specifically how that fits into what you

846

00:40:49,289 --> 00:40:46,960

learned working with your clients

847

00:40:52,289 --> 00:40:49,299

because there does seem to be a little

848

00:40:58,109 --> 00:40:52,299

bit of a disconnect for me in terms of

849

00:40:59,990 --> 00:40:58,119

if this Jesus figure is because I've

850

00:41:04,829 --> 00:41:00,000

talked to him again a number of

851  
00:41:07,019 --> 00:41:04,839  
well-meaning spiritual people who have a

852  
00:41:09,990 --> 00:41:07,029  
direct experience with Jesus which I'm

853  
00:41:12,509 --> 00:41:10,000  
always okay with but when I try and say

854  
00:41:13,859 --> 00:41:12,519  
well as I understand it you an

855  
00:41:16,859 --> 00:41:13,869  
experience with Christ consciousness

856  
00:41:19,829 --> 00:41:16,869  
they're like no Alex you don't get it I

857  
00:41:22,140 --> 00:41:19,839  
had an experience with Jesus and it is

858  
00:41:26,059 --> 00:41:22,150  
Jesus of the Bible and that's just it

859  
00:41:29,220 --> 00:41:26,069  
and don't tell me otherwise I would say

860  
00:41:33,720 --> 00:41:29,230  
that these beings who come to meters in

861  
00:41:37,559 --> 00:41:33,730  
different situations are conditioned by

862  
00:41:40,049 --> 00:41:37,569  
the person who's having the encounter if

863  
00:41:44,490 --> 00:41:40,059

you grew up with Jesus and in your own

864

00:41:46,650 --> 00:41:44,500

mind and heart Jesus becomes a symbolic

865

00:41:50,370 --> 00:41:46,660

figure or not and by that I mean a

866

00:41:53,430 --> 00:41:50,380

sacred symbolic figure for this person

867

00:41:57,569 --> 00:41:53,440

that figure is imbued with energy also

868

00:42:01,109 --> 00:41:57,579

and it makes connection to the spirit

869

00:42:03,390 --> 00:42:01,119

realm and when that person whatever the

870

00:42:05,339 --> 00:42:03,400

situation shouldn't happens that calls

871

00:42:08,160 --> 00:42:05,349

for that kind of encounter especially

872

00:42:09,740 --> 00:42:08,170

near death or death itself or an

873

00:42:12,900 --> 00:42:09,750

out-of-body trauma

874

00:42:15,510 --> 00:42:12,910

Jesus may be the one and I'm not even

875

00:42:18,270 --> 00:42:15,520

sure that this figure comes forward and

876

00:42:21,300 --> 00:42:18,280

says on Jesus but it may come forward

877

00:42:25,170 --> 00:42:21,310

and appear to the person with their

878

00:42:27,300 --> 00:42:25,180

symbol is calling for I don't myself

879

00:42:29,880 --> 00:42:27,310

working with people I don't need to

880

00:42:34,010 --> 00:42:29,890

answer the question whether this beam of

881

00:42:36,660 --> 00:42:34,020

light is in fact Jesus personally

882

00:42:39,030 --> 00:42:36,670

because there are all kinds of beings of

883

00:42:41,040 --> 00:42:39,040

light who have come to meet the people

884

00:42:42,930 --> 00:42:41,050

I've worked with then there's all kinds

885

00:42:45,110 --> 00:42:42,940

of beings of light who came to meet

886

00:42:48,030 --> 00:42:45,120

these people with near-death experience

887

00:42:51,150 --> 00:42:48,040

so I guess I would say it's more

888

00:42:54,120 --> 00:42:51,160

conditioned by what the person is ready

889

00:42:56,760 --> 00:42:54,130

for or the way they perceive things or

890

00:43:00,240 --> 00:42:56,770

the way they need to see things in order

891

00:43:02,730 --> 00:43:00,250

to make the the contact but I think

892

00:43:05,340 --> 00:43:02,740

taking from your work and again I want

893

00:43:07,440 --> 00:43:05,350

to emphasize this because it's like kind

894

00:43:09,510 --> 00:43:07,450

of one of my main things I put up on the

895

00:43:12,030 --> 00:43:09,520

screen something that you wrote from the

896

00:43:13,890 --> 00:43:12,040

book so you're saying past lives as with

897

00:43:15,840 --> 00:43:13,900

near-death experiences there are too

898

00:43:18,480 --> 00:43:15,850

many reports from too many sources in

899

00:43:20,370 --> 00:43:18,490

too many reputable studies to just be

900

00:43:22,410 --> 00:43:20,380

flukes or fantasies we're talking for

901  
00:43:24,810 --> 00:43:22,420  
example about children who possess very

902  
00:43:26,940 --> 00:43:24,820  
specific past life memories and details

903  
00:43:28,500 --> 00:43:26,950  
of people in places and events from

904  
00:43:30,960 --> 00:43:28,510  
previous lifetimes that were

905  
00:43:32,490 --> 00:43:30,970  
investigated and corroborated in ways

906  
00:43:35,670 --> 00:43:32,500  
that left no room for doubt

907  
00:43:37,710 --> 00:43:35,680  
now I shared that earlier on the screen

908  
00:43:41,040 --> 00:43:37,720  
but I wanted to read that into the show

909  
00:43:45,990 --> 00:43:41,050  
because here's where I go with that the

910  
00:43:48,630 --> 00:43:46,000  
level one discussion is is that true can

911  
00:43:51,750 --> 00:43:48,640  
we rely on the University of Virginia

912  
00:43:53,850 --> 00:43:51,760  
and Jim Tucker who did the follow-up

913  
00:43:56,520 --> 00:43:53,860

work from Ian Stevenson and compiled

914

00:43:58,950 --> 00:43:56,530

thousands of these past life accounts

915

00:44:01,430 --> 00:43:58,960

and published them in an organized

916

00:44:04,140 --> 00:44:01,440

systematic way and we're totally open to

917

00:44:07,650 --> 00:44:04,150

review and criticism and withstood all

918

00:44:09,120 --> 00:44:07,660

that that's level one and you just stand

919

00:44:11,010 --> 00:44:09,130

up to anyone go well if you don't

920

00:44:12,510 --> 00:44:11,020

understand that I does nothing I can do

921

00:44:16,110 --> 00:44:12,520

there's the data yeah there have to deal

922

00:44:21,420 --> 00:44:16,120

with it or not and then level two is why

923

00:44:23,310 --> 00:44:21,430

are we conditioned and kind of led to

924

00:44:25,860 --> 00:44:23,320

look away from that

925

00:44:29,820 --> 00:44:25,870

if it is that salad as we said in level

926

00:44:32,160 --> 00:44:29,830

1 but level 3 is what really gets me

927

00:44:34,980 --> 00:44:32,170

excited and it's the reason why your

928

00:44:38,760 --> 00:44:34,990

book and the possibilities of your work

929

00:44:41,340 --> 00:44:38,770

get me so excited cuz level 3 says okay

930

00:44:43,260 --> 00:44:41,350

I'm really not gonna worry about just

931

00:44:45,780 --> 00:44:43,270

proving whether there's an extended

932

00:44:47,850 --> 00:44:45,790

realm which in your case is like hey you

933

00:44:50,130 --> 00:44:47,860

read mark Robert Monroe you did your own

934

00:44:51,660 --> 00:44:50,140

out-of-body experience you worked with

935

00:44:53,580 --> 00:44:51,670

all these clients it's like okay that's

936

00:44:55,890 --> 00:44:53,590

really an answered question I don't need

937

00:44:58,980 --> 00:44:55,900

to spend all my time just trying to

938

00:45:00,510 --> 00:44:58,990

debate with someone and then question to

939

00:45:02,580 --> 00:45:00,520

you kind of said well I don't really

940

00:45:04,980 --> 00:45:02,590

worry about if what other people in the

941

00:45:07,590 --> 00:45:04,990

community are kind of thinking or what

942

00:45:10,980 --> 00:45:07,600

academics are publishing what she did is

943

00:45:15,000 --> 00:45:10,990

said how can I develop a protocol that

944

00:45:17,820 --> 00:45:15,010

might be efficacious for helping my

945

00:45:21,270 --> 00:45:17,830

clients move forward I think that is so

946

00:45:24,180 --> 00:45:21,280

awesome and so important and so unique

947

00:45:27,120 --> 00:45:24,190

so I want to move into talking about

948

00:45:29,220 --> 00:45:27,130

your protocol because you have some very

949

00:45:32,280 --> 00:45:29,230

specific things that you developed over

950

00:45:35,450 --> 00:45:32,290

time in terms of how to deal with people

951  
00:45:38,130 --> 00:45:35,460  
who are experiencing this trauma how to

952  
00:45:40,710 --> 00:45:38,140  
deal with these different entities

953  
00:45:43,200 --> 00:45:40,720  
however we want to understand them or

954  
00:45:46,440 --> 00:45:43,210  
identify them and then in particular how

955  
00:45:48,630 --> 00:45:46,450  
to deal with the evil darkness thing

956  
00:45:51,420 --> 00:45:48,640  
which is the original reason I contacted

957  
00:45:53,510 --> 00:45:51,430  
you and you have a very very important

958  
00:45:59,370 --> 00:45:53,520  
distinction that you make between

959  
00:46:01,680 --> 00:45:59,380  
darkness and evil and that's what I want

960  
00:46:05,100 --> 00:46:01,690  
to get to next but I want to start out

961  
00:46:07,260 --> 00:46:05,110  
by talking about your protocol that you

962  
00:46:10,170 --> 00:46:07,270  
developed and why you developed it the

963  
00:46:13,400 --> 00:46:10,180

way that you did well I have to go back

964

00:46:16,200 --> 00:46:13,410

again and emphasize the clinical nature

965

00:46:20,670 --> 00:46:16,210

because all of these start with the

966

00:46:24,090 --> 00:46:20,680

clients own story I look at my work and

967

00:46:27,120 --> 00:46:24,100

with Jared is basically identifying

968

00:46:32,040 --> 00:46:27,130

those things within or about a person

969

00:46:34,810 --> 00:46:32,050

that blocks the light from them and ego

970

00:46:37,240 --> 00:46:34,820

states sub personalities are often

971

00:46:41,860 --> 00:46:37,250

[h\_\_h] the light because they carry

972

00:46:44,500 --> 00:46:41,870

pain or hurt or fear or distress if you

973

00:46:47,080 --> 00:46:44,510

bring them light they can refuse it

974

00:46:51,060 --> 00:46:47,090

because they are part of the soul and

975

00:46:54,370 --> 00:46:51,070

therefore they have some level of choice

976

00:46:57,160 --> 00:46:54,380

well they often refuse this light love

977

00:46:59,890 --> 00:46:57,170

energy because it brings up their pain

978

00:47:01,690 --> 00:46:59,900

and if you're going to bring up their

979

00:47:04,630 --> 00:47:01,700

pain you're going to have to be able to

980

00:47:07,150 --> 00:47:04,640

offer them relief or else forget it

981

00:47:10,900 --> 00:47:07,160

don't bring up their pain just to have

982

00:47:13,660 --> 00:47:10,910

them be in pain so the protocol

983

00:47:16,720 --> 00:47:13,670

developed for the ego states is make the

984

00:47:19,180 --> 00:47:16,730

contact communicate with them make it

985

00:47:22,320 --> 00:47:19,190

safe for them to receive this light love

986

00:47:26,410 --> 00:47:22,330

energy once they receive it as I said

987

00:47:29,590 --> 00:47:26,420

99% say whippy I love this I don't want

988

00:47:31,930 --> 00:47:29,600

to be without it and then they will move

989

00:47:35,490 --> 00:47:31,940

through the sharing and release of what

990

00:47:38,430 --> 00:47:35,500

happened to them for a spirit attachment

991

00:47:41,590 --> 00:47:38,440

outside entity it's a different protocol

992

00:47:44,950 --> 00:47:41,600

they don't belong with the person they

993

00:47:47,140 --> 00:47:44,960

need to leave and so again and working

994

00:47:51,220 --> 00:47:47,150

with Jared it was understanding how to

995

00:47:55,600 --> 00:47:51,230

approach these spirits to gain their

996

00:47:59,290 --> 00:47:55,610

cooperation to leave my client and in

997

00:48:00,670 --> 00:47:59,300

the worst cases protocols designed to

998

00:48:04,360 --> 00:48:00,680

get to a point where they could be

999

00:48:08,230 --> 00:48:04,370

removed forcibly so that's a different

1000

00:48:11,440 --> 00:48:08,240

protocol a Tom can you help me and help

1001  
00:48:13,750 --> 00:48:11,450  
folks link those two because I think

1002  
00:48:15,520 --> 00:48:13,760  
those two are also related in some

1003  
00:48:19,150 --> 00:48:15,530  
important ways that you talked about in

1004  
00:48:22,390 --> 00:48:19,160  
the book in terms of trauma frustration

1005  
00:48:26,980 --> 00:48:22,400  
anxiety and this separation that we feel

1006  
00:48:29,980 --> 00:48:26,990  
can be an entry point for some of these

1007  
00:48:32,200 --> 00:48:29,990  
other entities that come in and hang

1008  
00:48:33,390 --> 00:48:32,210  
around its disrupt people do you want to

1009  
00:48:36,430 --> 00:48:33,400  
speak to that at all

1010  
00:48:39,310 --> 00:48:36,440  
well there are there are a number of

1011  
00:48:43,000 --> 00:48:39,320  
ways people might be vulnerable to

1012  
00:48:46,660 --> 00:48:43,010  
external intrusion or attachment or

1013  
00:48:48,280 --> 00:48:46,670

interference but one of the primary ways

1014

00:48:51,920 --> 00:48:48,290

is through

1015

00:48:55,420 --> 00:48:51,930

personalities because subpersonalities

1016

00:48:59,720 --> 00:48:55,430

carry pain and stay away from the light

1017

00:49:03,980 --> 00:48:59,730

these outside entities can connect with

1018

00:49:06,890 --> 00:49:03,990

them through their pain as I said guides

1019

00:49:09,470 --> 00:49:06,900

the Higher Self can communicate ages or

1020

00:49:12,470 --> 00:49:09,480

personalities well these spirits can

1021

00:49:14,720 --> 00:49:12,480

communicate to them also and if they

1022

00:49:18,620 --> 00:49:14,730

find a subpersonality that they can

1023

00:49:23,359 --> 00:49:18,630

threaten or intimidate or trick offer

1024

00:49:25,760 --> 00:49:23,369

them something that is an entree into

1025

00:49:28,849 --> 00:49:25,770

this person's energy through the sub

1026

00:49:30,559 --> 00:49:28,859

personality my head's one I think I

1027

00:49:32,690 --> 00:49:30,569

wrote about in the book one young kid

1028

00:49:37,130 --> 00:49:32,700

maybe twelve years old was offered a

1029

00:49:40,460 --> 00:49:37,140

knife a pocketknife by a spirit he took

1030

00:49:43,819 --> 00:49:40,470

that knife and felt now he could protect

1031

00:49:46,190 --> 00:49:43,829

himself and he was kind of stronger now

1032

00:49:50,569 --> 00:49:46,200

with its knife but it turned out that

1033

00:49:53,599 --> 00:49:50,579

the knife was a device used to keep the

1034

00:49:56,539 --> 00:49:53,609

door open as long as that child kept the

1035

00:50:01,760 --> 00:49:56,549

knife he had connection to the external

1036

00:50:05,030 --> 00:50:01,770

one so we had convinced him to give up

1037

00:50:08,120 --> 00:50:05,040

the knife before we could break the

1038

00:50:09,829 --> 00:50:08,130

connection with that spirit because as

1039

00:50:11,809 --> 00:50:09,839

long as the kid kept the knife he was

1040

00:50:15,980 --> 00:50:11,819

given permission for the spirit to stay

1041

00:50:18,650 --> 00:50:15,990

connected Wow I mean we could go into a

1042

00:50:22,549 --> 00:50:18,660

full discussion on that for at least an

1043

00:50:26,569 --> 00:50:22,559

hour because it one it launches us right

1044

00:50:30,260 --> 00:50:26,579

into a Netflix streaming horror series

1045

00:50:32,630 --> 00:50:30,270

that we all hear about and that's okay

1046

00:50:35,569 --> 00:50:32,640

because it suggests that fiction is

1047

00:50:38,359 --> 00:50:35,579

imitating reality in ways that are even

1048

00:50:41,270 --> 00:50:38,369

more real than we dare to even think

1049

00:50:44,450 --> 00:50:41,280

about you have to read the book folks to

1050

00:50:47,319 --> 00:50:44,460

understand the process that dr. Zinser

1051  
00:50:50,329 --> 00:50:47,329  
went through here but it was kind of

1052  
00:50:53,770 --> 00:50:50,339  
painstakingly step by step as he talked

1053  
00:50:56,660 --> 00:50:53,780  
about meeting with a client taking notes

1054  
00:50:59,569 --> 00:50:56,670  
transcribing thinking about it deeply

1055  
00:51:01,190 --> 00:50:59,579  
then quote-unquote channeling this

1056  
00:51:01,819 --> 00:51:01,200  
spirit however you want to feel about

1057  
00:51:04,459 --> 00:51:01,829  
that

1058  
00:51:07,400 --> 00:51:04,469  
and then going back and doing the hard

1059  
00:51:09,019 --> 00:51:07,410  
work with the client one of the things

1060  
00:51:12,199 --> 00:51:09,029  
that really came through in this book

1061  
00:51:14,539 --> 00:51:12,209  
that made me feel more confident of what

1062  
00:51:16,640 --> 00:51:14,549  
you're talking about is you emphasized

1063  
00:51:20,299 --> 00:51:16,650

over and over again that this is not a

1064

00:51:23,630 --> 00:51:20,309

quick fix 30 minute exorcism walk out

1065

00:51:26,630 --> 00:51:23,640

like a new person it's more about the

1066

00:51:29,209 --> 00:51:26,640

journey that you are on your soul

1067

00:51:32,569 --> 00:51:29,219

journey if you want to use that corny

1068

00:51:35,059 --> 00:51:32,579

phrase and it's it's a process and you

1069

00:51:36,529 --> 00:51:35,069

engage in it and you keep moving forward

1070

00:51:39,229 --> 00:51:36,539

and you realize decisions that you've

1071

00:51:42,709 --> 00:51:39,239

made and you remake decisions and and

1072

00:51:44,959 --> 00:51:42,719

talk about the work if you would that is

1073

00:51:48,079 --> 00:51:44,969

involved in this process both on your

1074

00:51:50,449 --> 00:51:48,089

part and on the part of your client I'd

1075

00:51:53,870 --> 00:51:50,459

have to say in terms of the healing

1076

00:51:55,099 --> 00:51:53,880

method itself it begins with basically

1077

00:51:57,410 --> 00:51:55,109

hearing from the client where their

1078

00:52:01,039 --> 00:51:57,420

difficulties are what the symptoms are

1079

00:52:04,069 --> 00:52:01,049

what the struggles are the first thing I

1080

00:52:06,620 --> 00:52:04,079

do and I learned this from Jared is to

1081

00:52:09,920 --> 00:52:06,630

contact what I calls the protective part

1082

00:52:13,099 --> 00:52:09,930

of the mind the protective part of the

1083

00:52:16,370 --> 00:52:13,109

mind is a part of ourselves that is

1084

00:52:18,529 --> 00:52:16,380

conscious in the present we think of our

1085

00:52:22,130 --> 00:52:18,539

conscious self as able think forward and

1086

00:52:25,279 --> 00:52:22,140

backward past future the protective part

1087

00:52:28,539 --> 00:52:25,289

of ourselves is a consciousness but it's

1088

00:52:30,739 --> 00:52:28,549

consciousness is limited to the present

1089

00:52:32,449 --> 00:52:30,749

it's not thinking about what we're gonna

1090

00:52:36,589 --> 00:52:32,459

do tonight or what we did yesterday

1091

00:52:39,439 --> 00:52:36,599

it's focuses in the present that's where

1092

00:52:43,039 --> 00:52:39,449

it's consciousness is when I work with

1093

00:52:45,380 --> 00:52:43,049

somebody I learned to connect contact

1094

00:52:48,799 --> 00:52:45,390

the protective part first to get

1095

00:52:51,739 --> 00:52:48,809

permission to go forward and work with

1096

00:52:54,289 --> 00:52:51,749

trauma I found out that the protective

1097

00:52:57,680 --> 00:52:54,299

part was often the part blocking me

1098

00:52:59,689 --> 00:52:57,690

before I met Jared because the

1099

00:53:00,670 --> 00:52:59,699

protective part saw me as a bull in a

1100

00:53:04,459 --> 00:53:00,680

china shop

1101  
00:53:07,400 --> 00:53:04,469  
bringing up trauma bringing up pain so

1102  
00:53:09,140 --> 00:53:07,410  
the protective part finally agrees then

1103  
00:53:11,719 --> 00:53:09,150  
I will make contact with higher self

1104  
00:53:13,069 --> 00:53:11,729  
when I make contact with higher self

1105  
00:53:15,900 --> 00:53:13,079  
there's a number of things in the

1106  
00:53:18,480 --> 00:53:15,910  
protocol to make sure that you

1107  
00:53:22,430 --> 00:53:18,490  
is with her yourself and that it is free

1108  
00:53:24,870 --> 00:53:22,440  
ourselves is free to communicate when I'm

1109  
00:53:25,260 --> 00:53:24,880  
convinced to that when I'm assured of

1110  
00:53:27,270 --> 00:53:25,270  
that

1111  
00:53:30,390 --> 00:53:27,280  
then I will start with higher self

1112  
00:53:33,390 --> 00:53:30,400  
looking inside and start to review these

1113  
00:53:36,150 --> 00:53:33,400

issues or problems or symptoms that the

1114

00:53:37,620 --> 00:53:36,160

client has talked about and it's through

1115

00:53:41,400 --> 00:53:37,630

Higher Self then that we will identify

1116

00:53:44,579 --> 00:53:41,410

and see if higher self can identify a

1117

00:53:47,030 --> 00:53:44,589

source so if a person let's say has

1118

00:53:49,980 --> 00:53:47,040

intense anxiety panic attacks

1119

00:53:53,099 --> 00:53:49,990

we will ask higher self to look inside

1120

00:53:57,000 --> 00:53:53,109

and see if it is able to locate the

1121

00:54:01,190 --> 00:53:57,010

source of the panic attacks you may find

1122

00:54:03,960 --> 00:54:01,200

by the time it's done six or seven

1123

00:54:06,210 --> 00:54:03,970

subpersonalities that are involved in an

1124

00:54:09,210 --> 00:54:06,220

anxiety pattern but from different

1125

00:54:12,030 --> 00:54:09,220

experiences you might find that there is

1126

00:54:14,550 --> 00:54:12,040

also a spirit present who kind of gets

1127

00:54:17,700 --> 00:54:14,560

all these sub personalities afraid and

1128

00:54:19,319 --> 00:54:17,710

upset you just don't know though this is

1129

00:54:21,960 --> 00:54:19,329

gonna freak people out a little bit

1130

00:54:23,910 --> 00:54:21,970

right I'm sure you go to conferences and

1131

00:54:26,339 --> 00:54:23,920

meet with colleagues and they think it

1132

00:54:28,859 --> 00:54:26,349

sounds flaky I'm sure well I'm afraid

1133

00:54:30,960 --> 00:54:28,869

this is part of that issue if you cross

1134

00:54:34,200 --> 00:54:30,970

the line you're looking at a whole

1135

00:54:38,460 --> 00:54:34,210

different kind of reality and this goes

1136

00:54:40,680 --> 00:54:38,470

back to so personalities also I came to

1137

00:54:43,050 --> 00:54:40,690

the point and work in my work with Jared

1138

00:54:46,230 --> 00:54:43,060

where I came to understand the sub

1139

00:54:49,859 --> 00:54:46,240

personalities at least in my mind I best

1140

00:54:52,829 --> 00:54:49,869

understand them as psyche beings they're

1141

00:54:55,530 --> 00:54:52,839

not just memories they're not just kind

1142

00:54:58,230 --> 00:54:55,540

of associated States they are actually

1143

00:55:00,210 --> 00:54:58,240

psychic beings they're able to

1144

00:55:02,819 --> 00:55:00,220

communicate they're able to receive

1145

00:55:05,849 --> 00:55:02,829

light you're able to make a choice when

1146

00:55:09,270 --> 00:55:05,859

you tell them they have a choice they do

1147

00:55:12,390 --> 00:55:09,280

have feelings they're beans and the

1148

00:55:15,210 --> 00:55:12,400

issue is helping this B be relieved of

1149

00:55:18,329 --> 00:55:15,220

whatever pain or distress it has so that

1150

00:55:20,910 --> 00:55:18,339

it can join and integrate with the

1151  
00:55:23,160 --> 00:55:20,920  
conscious self I know this challenges

1152  
00:55:24,720 --> 00:55:23,170  
people because I mean talking about the

1153  
00:55:26,660 --> 00:55:24,730  
protective part is a different

1154  
00:55:28,260 --> 00:55:26,670  
consciousness talking about

1155  
00:55:29,220 --> 00:55:28,270  
subpersonalities as different

1156  
00:55:31,800 --> 00:55:29,230  
consciousness

1157  
00:55:33,210 --> 00:55:31,810  
is of ourselves the higher-self is a

1158  
00:55:35,280 --> 00:55:33,220  
different consciousness of ourselves

1159  
00:55:38,850 --> 00:55:35,290  
you've all different levels of

1160  
00:55:41,850 --> 00:55:38,860  
consciousness and our modern psychology

1161  
00:55:45,480 --> 00:55:41,860  
wants a unified identity it is an

1162  
00:55:48,570 --> 00:55:45,490  
egocentric paradigm and when you get

1163  
00:55:51,780 --> 00:55:48,580

past the ego they they just want to

1164

00:55:54,150 --> 00:55:51,790

reject that so with that let's talk

1165

00:55:55,140 --> 00:55:54,160

about something really controversial

1166

00:56:00,500 --> 00:55:55,150

because we haven't talked about anything

1167

00:56:05,250 --> 00:56:00,510

controversy let's talk about evil and

1168

00:56:09,750 --> 00:56:05,260

the darkness and this is a huge topic to

1169

00:56:13,140 --> 00:56:09,760

explore your book is very systematic you

1170

00:56:15,630 --> 00:56:13,150

methodically go through the protocol you

1171

00:56:18,210 --> 00:56:15,640

go through your experiences and how one

1172

00:56:21,420 --> 00:56:18,220

leads to another but one of the things

1173

00:56:25,100 --> 00:56:21,430

that comes up in your work is that there

1174

00:56:27,660 --> 00:56:25,110

are some spirit attachments that are

1175

00:56:30,450 --> 00:56:27,670

basically based with confusion

1176  
00:56:34,350 --> 00:56:30,460  
the Spirit is attached and is harassing

1177  
00:56:36,240 --> 00:56:34,360  
this person but it isn't benevolent in

1178  
00:56:38,130 --> 00:56:36,250  
the way that like you're saying if you

1179  
00:56:39,810 --> 00:56:38,140  
were able to connect with that spirit

1180  
00:56:41,790 --> 00:56:39,820  
and communicate with that spirit and

1181  
00:56:44,520 --> 00:56:41,800  
offer them a better option which is to

1182  
00:56:46,890 --> 00:56:44,530  
go for the the light which is always

1183  
00:56:49,260 --> 00:56:46,900  
shining and and willing to accept that

1184  
00:56:51,570 --> 00:56:49,270  
spirit they go wow that really is better

1185  
00:56:54,720 --> 00:56:51,580  
I'm sorry I was confused and stuck here

1186  
00:56:58,440 --> 00:56:54,730  
I'm ready to move on but then you

1187  
00:57:01,020 --> 00:56:58,450  
experienced some that were not you say

1188  
00:57:02,730 --> 00:57:01,030

go to the light and they don't know I'm

1189

00:57:03,890 --> 00:57:02,740

like I know the lights there I'm not

1190

00:57:07,500 --> 00:57:03,900

going there

1191

00:57:10,380 --> 00:57:07,510

we're distort about darkness really the

1192

00:57:13,200 --> 00:57:10,390

reason I sent you the email I did

1193

00:57:16,770 --> 00:57:13,210

originally was about the distinction

1194

00:57:19,950 --> 00:57:16,780

between darkness and evil and we all

1195

00:57:22,650 --> 00:57:19,960

have to deal with darkness and Jared's

1196

00:57:26,520 --> 00:57:22,660

information to me was that this physical

1197

00:57:28,500 --> 00:57:26,530

reality created by the light by the

1198

00:57:30,780 --> 00:57:28,510

Creator whatever you want to call it

1199

00:57:33,180 --> 00:57:30,790

made a level playing field between the

1200

00:57:36,890 --> 00:57:33,190

light in the dark and that level playing

1201  
00:57:40,340 --> 00:57:36,900  
field is what gives souls free choice

1202  
00:57:42,180 --> 00:57:40,350  
your understanding of evil though is

1203  
00:57:45,510 --> 00:57:42,190  
truly you

1204  
00:57:47,220 --> 00:57:45,520  
and for me was truly revolutionary in

1205  
00:57:50,520 --> 00:57:47,230  
terms of understanding some of the

1206  
00:57:54,390 --> 00:57:50,530  
subtle ways that evil comes into play

1207  
00:57:56,789 --> 00:57:54,400  
and interacts with that darkness going

1208  
00:57:58,859 --> 00:57:56,799  
from darkness to these spirits who have

1209  
00:58:02,640 --> 00:57:58,869  
entered darkness and operate from

1210  
00:58:05,819 --> 00:58:02,650  
darkness and have become evil in the

1211  
00:58:10,049 --> 00:58:05,829  
sense that it is their intention to

1212  
00:58:12,900 --> 00:58:10,059  
violate Souls and they can violate souls

1213  
00:58:16,950 --> 00:58:12,910

here in the physical who have incarnated

1214

00:58:20,760 --> 00:58:16,960

and as Jared pointed out every soul in

1215

00:58:23,609 --> 00:58:20,770

darkness is a soul of light that light

1216

00:58:27,680 --> 00:58:23,619

may have become very covered over very

1217

00:58:29,670 --> 00:58:27,690

buried but every soul is a soul of light

1218

00:58:31,380 --> 00:58:29,680

let's really try and think of a case

1219

00:58:34,500 --> 00:58:31,390

because like when you talk about the

1220

00:58:37,440 --> 00:58:34,510

case of the boy with the knife the 12

1221

00:58:39,390 --> 00:58:37,450

year old boy with the knife we get that

1222

00:58:41,700 --> 00:58:39,400

we like that's terrible

1223

00:58:44,010 --> 00:58:41,710

why would you do that why would you

1224

00:58:45,809 --> 00:58:44,020

create this false contract with someone

1225

00:58:48,000 --> 00:58:45,819

which we've heard over and over again

1226  
00:58:51,059 --> 00:58:48,010  
people are convinced that they've made

1227  
00:58:53,130 --> 00:58:51,069  
some deal with Satan which again

1228  
00:58:55,620 --> 00:58:53,140  
historically there is no Satan but it's

1229  
00:58:58,859 --> 00:58:55,630  
free on some level we have made some

1230  
00:59:00,180 --> 00:58:58,869  
deal I've sold my soul and what Jared

1231  
00:59:02,039 --> 00:59:00,190  
tells us very importantly and it's a

1232  
00:59:04,529 --> 00:59:02,049  
very important part he says now there is

1233  
00:59:06,930 --> 00:59:04,539  
no such you can't sell your soul it's

1234  
00:59:09,150 --> 00:59:06,940  
just another form of deception that a

1235  
00:59:11,789 --> 00:59:09,160  
being that is attracted to the darkness

1236  
00:59:12,240 --> 00:59:11,799  
likes deception likes to screw with

1237  
00:59:16,559 --> 00:59:12,250  
people

1238  
00:59:18,089 --> 00:59:16,569

create these ideas that you have this

1239

00:59:20,549 --> 00:59:18,099

obligation but you don't have this

1240

00:59:23,250 --> 00:59:20,559

obligation it's a very important point

1241

00:59:26,490 --> 00:59:23,260

from your work so speak to that but then

1242

00:59:29,640 --> 00:59:26,500

also speak more broadly to why why there

1243

00:59:33,000 --> 00:59:29,650

is this connection to the darkness well

1244

00:59:35,370 --> 00:59:33,010

first of all as souls of light even when

1245

00:59:39,089 --> 00:59:35,380

they're in darkness these souls need

1246

00:59:41,400 --> 00:59:39,099

light they need the light and they do

1247

00:59:43,079 --> 00:59:41,410

not want to go to the spirit realm of

1248

00:59:45,599 --> 00:59:43,089

light to receive it for a number of

1249

00:59:46,829 --> 00:59:45,609

different reasons explain some of those

1250

00:59:49,109 --> 00:59:46,839

reasons because I think that'll help

1251  
00:59:52,529 --> 00:59:49,119  
people lock in what you're talking about

1252  
00:59:54,660 --> 00:59:52,539  
well there are souls that have died with

1253  
00:59:55,800 --> 00:59:54,670  
tremendous feelings of guilt whether

1254  
00:59:58,380 --> 00:59:55,810  
it's because they've murdered

1255  
01:00:01,890 --> 00:59:58,390  
people where they've laid waste to

1256  
01:00:04,620 --> 01:00:01,900  
people betrayed loved ones there's

1257  
01:00:08,460 --> 01:00:04,630  
different reasons like that they were in

1258  
01:00:12,900 --> 01:00:08,470  
war and became enraged and violent then

1259  
01:00:16,380 --> 01:00:12,910  
when they died in that state they may be

1260  
01:00:19,260 --> 01:00:16,390  
afraid of being judged afraid of being

1261  
01:00:22,650 --> 01:00:19,270  
condemned by this God they believed in

1262  
01:00:25,230 --> 01:00:22,660  
they may be angry at this God for for

1263  
01:00:27,900 --> 01:00:25,240

what God allowed to happen so there's

1264

01:00:30,180 --> 01:00:27,910

something that originally separates them

1265

01:00:32,880 --> 01:00:30,190

from the light their anger their hurt

1266

01:00:36,270 --> 01:00:32,890

their confusion but the issue here is

1267

01:00:39,360 --> 01:00:36,280

that there are souls in in a hierarchy

1268

01:00:41,700 --> 01:00:39,370

of darkness they've been in darkness a

1269

01:00:42,690 --> 01:00:41,710

long time and they've learned to operate

1270

01:00:45,870 --> 01:00:42,700

that way

1271

01:00:48,180 --> 01:00:45,880

and in that operation they gather to

1272

01:00:49,740 --> 01:00:48,190

themselves these souls that have gotten

1273

01:00:52,560 --> 01:00:49,750

into the dark and kind of confused

1274

01:00:55,530 --> 01:00:52,570

they're kind of floating around or not

1275

01:00:58,020 --> 01:00:55,540

sure what's going on these dark souls

1276  
01:01:00,870 --> 01:00:58,030  
that no more will in one way or another

1277  
01:01:03,330 --> 01:01:00,880  
attempt to untangle them and this is

1278  
01:01:04,800 --> 01:01:03,340  
where what we would call the higher

1279  
01:01:08,580 --> 01:01:04,810  
level Dark One's

1280  
01:01:12,150 --> 01:01:08,590  
are able to almost it is like a mafia

1281  
01:01:16,290 --> 01:01:12,160  
the Mafia is a very very good analogy as

1282  
01:01:16,920 --> 01:01:16,300  
below so above I mean yeah yeah as above

1283  
01:01:20,820 --> 01:01:16,930  
so below

1284  
01:01:23,430 --> 01:01:20,830  
but as below so above I just I struggle

1285  
01:01:25,020 --> 01:01:23,440  
with people who are like in the occult

1286  
01:01:26,670 --> 01:01:25,030  
communities or esoteric community and

1287  
01:01:30,420 --> 01:01:26,680  
have a problem with this or want to

1288  
01:01:33,900 --> 01:01:30,430

explain it away or minimize it it's like

1289

01:01:36,350 --> 01:01:33,910

are you kidding just look on look on our

1290

01:01:39,000 --> 01:01:36,360

planet look in the worst parts of our

1291

01:01:42,030 --> 01:01:39,010

existence as it is we see the same thing

1292

01:01:44,340 --> 01:01:42,040

we see hierarchies of evil we see people

1293

01:01:47,730 --> 01:01:44,350

to do horrible things and that grow

1294

01:01:50,490 --> 01:01:47,740

comfortable with that so that they don't

1295

01:01:54,450 --> 01:01:50,500

feel comfortable being normal and

1296

01:01:57,000 --> 01:01:54,460

ordinary so to me you're incredible

1297

01:01:58,800 --> 01:01:57,010

exploration just was confirming that

1298

01:02:00,780 --> 01:01:58,810

yeah that's what I see here that makes

1299

01:02:03,960 --> 01:02:00,790

total sense that that would be what's

1300

01:02:06,150 --> 01:02:03,970

going on in these extended realms well I

1301  
01:02:08,780 --> 01:02:06,160  
would say in working with clients where

1302  
01:02:12,230 --> 01:02:08,790  
these kind of dark spirits were present

1303  
01:02:14,690 --> 01:02:12,240  
it wasn't trying to remove them or get

1304  
01:02:18,290 --> 01:02:14,700  
their cooperation to leave that we found

1305  
01:02:20,480 --> 01:02:18,300  
that as they got closer to maybe

1306  
01:02:22,520 --> 01:02:20,490  
agreeing to take delight they were

1307  
01:02:24,770 --> 01:02:22,530  
starting to be threatened and that's

1308  
01:02:27,650 --> 01:02:24,780  
when I would ask them are you being

1309  
01:02:29,390 --> 01:02:27,660  
threatened I would get a yes and what

1310  
01:02:32,390 --> 01:02:29,400  
turns out is they're being threatened by

1311  
01:02:37,370 --> 01:02:32,400  
those up above who want them to stay in

1312  
01:02:39,710 --> 01:02:37,380  
line or Ferguson oh yeah yeah and so

1313  
01:02:42,860 --> 01:02:39,720

they're threatening them to keep them in

1314

01:02:44,870 --> 01:02:42,870

line and I have to work with those

1315

01:02:47,300 --> 01:02:44,880

Spears to let them know that that's all

1316

01:02:47,900 --> 01:02:47,310

a ruse they don't have the power to keep

1317

01:02:50,330 --> 01:02:47,910

them in line

1318

01:02:51,980 --> 01:02:50,340

if these ones I'm working with want to

1319

01:02:54,260 --> 01:02:51,990

go to the light they have every power

1320

01:02:57,650 --> 01:02:54,270

and right to do that so you're kind of

1321

01:03:00,650 --> 01:02:57,660

breaking breaking the chain could you

1322

01:03:04,220 --> 01:03:00,660

think of a case when when that came came

1323

01:03:06,320 --> 01:03:04,230

about I think we want to know what it

1324

01:03:09,020 --> 01:03:06,330

was like that that process of

1325

01:03:11,990 --> 01:03:09,030

encountering someone was nasty

1326

01:03:13,790 --> 01:03:12,000

monovalent was completely destroying

1327

01:03:15,980 --> 01:03:13,800

someone's life or trying to destroy

1328

01:03:19,490 --> 01:03:15,990

someone's life but then you were able to

1329

01:03:22,100 --> 01:03:19,500

move through the process of moving them

1330

01:03:24,770 --> 01:03:22,110

to the light and maybe even in ways that

1331

01:03:26,360 --> 01:03:24,780

that wasn't easy because again your

1332

01:03:27,770 --> 01:03:26,370

protocol is the first safe do you see

1333

01:03:29,450 --> 01:03:27,780

the light and then the next part of your

1334

01:03:31,280 --> 01:03:29,460

protocol is say well you can't see the

1335

01:03:33,440 --> 01:03:31,290

light okay do you see the light within

1336

01:03:35,690 --> 01:03:33,450

you and that's sometimes that worked and

1337

01:03:38,420 --> 01:03:35,700

then sometimes you bring spirit guides

1338

01:03:40,130 --> 01:03:38,430

or loved ones and say here would you be

1339

01:03:41,360 --> 01:03:40,140

willing to talk to one of your loved

1340

01:03:43,190 --> 01:03:41,370

ones and they'll help you see the light

1341

01:03:45,350 --> 01:03:43,200

and then you keep going down the

1342

01:03:48,020 --> 01:03:45,360

protocol which is just get so awesome

1343

01:03:51,080 --> 01:03:48,030

give us a case that kind of brings that

1344

01:03:55,340 --> 01:03:51,090

to life well I mean the clearest

1345

01:04:00,200 --> 01:03:55,350

examples for me Alex have been my work

1346

01:04:04,040 --> 01:04:00,210

with cult victims call victims who have

1347

01:04:08,830 --> 01:04:04,050

been intentionally and in an organized

1348

01:04:13,220 --> 01:04:08,840

way abused for specific purposes and

1349

01:04:16,400 --> 01:04:13,230

that abused is the intentional creation

1350

01:04:18,570 --> 01:04:16,410

of a dissociative personality when I

1351

01:04:20,760 --> 01:04:18,580

worked with cult victims

1352

01:04:23,640 --> 01:04:20,770

these kind of person many of these

1353

01:04:26,609 --> 01:04:23,650

personalities were created and many of

1354

01:04:29,990 --> 01:04:26,619

these personalities were entangled with

1355

01:04:34,200 --> 01:04:30,000

dark spirits and I could basically

1356

01:04:37,710 --> 01:04:34,210

understand exactly they cult active to

1357

01:04:39,900 --> 01:04:37,720

damage these children to create trauma

1358

01:04:43,230 --> 01:04:39,910

for these children to dissociate them

1359

01:04:46,260 --> 01:04:43,240

create a fragment so that these spirits

1360

01:04:49,290 --> 01:04:46,270

these dark spirits would have an open

1361

01:04:51,870 --> 01:04:49,300

door into these children and they're so

1362

01:04:55,410 --> 01:04:51,880

so you're saying what I've heard over

1363

01:04:59,550 --> 01:04:55,420

and over again both on this show and in

1364

01:05:02,730 --> 01:04:59,560

reading that some people in these cult

1365

01:05:04,440 --> 01:05:02,740

groups and in these satanic cult groups

1366

01:05:06,720 --> 01:05:04,450

where they label themselves as satanic

1367

01:05:09,150 --> 01:05:06,730

again whatever that means because it's

1368

01:05:11,070 --> 01:05:09,160

kind of a tricky word historically but

1369

01:05:14,180 --> 01:05:11,080

they've actually have a systematic way

1370

01:05:16,740 --> 01:05:14,190

where they say gee if we can create this

1371

01:05:21,630 --> 01:05:16,750

disassociation that is going to serve

1372

01:05:23,280 --> 01:05:21,640

our goals at this extended consciousness

1373

01:05:26,400 --> 01:05:23,290

level now I had never made that

1374

01:05:28,800 --> 01:05:26,410

connection I had heard about it but I

1375

01:05:30,870 --> 01:05:28,810

had never made that connection until I

1376

01:05:32,970 --> 01:05:30,880

read your book and you're offering

1377

01:05:34,730 --> 01:05:32,980

confirmation about that that there would

1378

01:05:38,520 --> 01:05:34,740

be a reason for them to do that

1379

01:05:40,410 --> 01:05:38,530

absolutely and some of them do know

1380

01:05:43,470 --> 01:05:40,420

consciously what they're doing and why

1381

01:05:46,440 --> 01:05:43,480

they're doing it and they're kind of

1382

01:05:48,780 --> 01:05:46,450

allegiance to these Dark Souls there are

1383

01:05:51,420 --> 01:05:48,790

others who don't know they carry out

1384

01:05:54,359 --> 01:05:51,430

this kind of dissociative trauma for the

1385

01:05:56,250 --> 01:05:54,369

child in the belief Ren and for the

1386

01:05:58,920 --> 01:05:56,260

purpose of bringing that child under

1387

01:06:02,480 --> 01:05:58,930

their control so that in the future

1388

01:06:06,920 --> 01:06:02,490

these abusers can control a

1389

01:06:09,720 --> 01:06:06,930

subpersonality and and they have these

1390

01:06:13,200 --> 01:06:09,730

techniques and methods developed to

1391

01:06:15,359 --> 01:06:13,210

control people in that way through their

1392

01:06:18,180 --> 01:06:15,369

sub personalities they're not

1393

01:06:20,849 --> 01:06:18,190

necessarily aware of the other level

1394

01:06:22,950 --> 01:06:20,859

where there are Dark Souls very involved

1395

01:06:27,000 --> 01:06:22,960

but some people are some of these

1396

01:06:28,950 --> 01:06:27,010

abusers are aware of that level what is

1397

01:06:30,820 --> 01:06:28,960

the process been like in terms of

1398

01:06:32,650 --> 01:06:30,830

working with these people

1399

01:06:33,850 --> 01:06:32,660

and again I really appreciate that you

1400

01:06:36,190 --> 01:06:33,860

can look at this from a broader

1401

01:06:38,260 --> 01:06:36,200

perspective everyone is of the light

1402

01:06:41,770 --> 01:06:38,270

everyone has the ability to return to

1403

01:06:43,420 --> 01:06:41,780

the light people can get off the path we

1404

01:06:45,550 --> 01:06:43,430

have the whole past life thing to work

1405

01:06:48,400 --> 01:06:45,560

into sometimes children are entering

1406

01:06:50,170 --> 01:06:48,410

into this because of some stuff they're

1407

01:06:51,940 --> 01:06:50,180

bringing from the past life again

1408

01:06:54,850 --> 01:06:51,950

complicating things can't ask a

1409

01:06:57,550 --> 01:06:54,860

straightforward simple question but I'll

1410

01:07:00,070 --> 01:06:57,560

go back to that first question then how

1411

01:07:02,470 --> 01:07:00,080

effective have you been able to be in

1412

01:07:06,520 --> 01:07:02,480

terms of helping people overcome this

1413

01:07:09,310 --> 01:07:06,530

kind of really severe spiritual

1414

01:07:12,220 --> 01:07:09,320

interference spiritual disruption I

1415

01:07:15,850 --> 01:07:12,230

would say it's been very successful

1416

01:07:18,430 --> 01:07:15,860

it is very methodical and it's been very

1417

01:07:20,890 --> 01:07:18,440

successful because basically what you're

1418

01:07:25,210 --> 01:07:20,900

doing is working the higher self to find

1419

01:07:28,870 --> 01:07:25,220

any obstructions or interference of the

1420

01:07:32,140 --> 01:07:28,880

light that's the process have you had

1421

01:07:35,350 --> 01:07:32,150

clients in particular cult victims who

1422

01:07:37,870 --> 01:07:35,360

you've been able to effectively treat

1423

01:07:40,500 --> 01:07:37,880

and have told you gee I've been trying

1424

01:07:43,510 --> 01:07:40,510

to work with this with therapists that

1425

01:07:45,670 --> 01:07:43,520

aren't looking at this from a deeper

1426

01:07:48,250 --> 01:07:45,680

extended consciousness realm and I

1427

01:07:51,010 --> 01:07:48,260

haven't had any any luck is is that your

1428

01:07:55,030 --> 01:07:51,020

your understanding or what do you think

1429

01:07:57,100 --> 01:07:55,040

about that yes I feel like again

1430

01:08:00,430 --> 01:07:57,110

learning from Daron and going through

1431

01:08:03,730 --> 01:08:00,440

this which Aaron was able to learn the

1432

01:08:07,060 --> 01:08:03,740

the kind of ins and outs of dealing with

1433

01:08:10,150 --> 01:08:07,070

this kind of trauma and entanglement so

1434

01:08:13,030 --> 01:08:10,160

yes I believe been successful helping

1435

01:08:16,000 --> 01:08:13,040

these cult victims basically break the

1436

01:08:18,730 --> 01:08:16,010

ties break the chains and connections to

1437

01:08:21,220 --> 01:08:18,740

these Dark Souls one of the things you

1438

01:08:24,040 --> 01:08:21,230

have to say about the darkness that I

1439

01:08:27,220 --> 01:08:24,050

think is very important is that it is

1440

01:08:29,110 --> 01:08:27,230

there for a reason it is a part of our

1441

01:08:31,410 --> 01:08:29,120

growth and the way you describe it in

1442

01:08:33,280 --> 01:08:31,420

the book is that all your clients

1443

01:08:36,280 --> 01:08:33,290

regardless of the level of trauma

1444

01:08:39,760 --> 01:08:36,290

they've experienced are moving into and

1445

01:08:42,329 --> 01:08:39,770

out of the darkness and the trick I

1446

01:08:45,479 --> 01:08:42,339

guess is to maybe not get too

1447

01:08:48,089 --> 01:08:45,489

drawn into it or what would you say with

1448

01:08:49,800 --> 01:08:48,099

regard I would and this is again one of

1449

01:08:53,189 --> 01:08:49,810

these things about the distinction

1450

01:08:57,180 --> 01:08:53,199

between darkness and evil souls that are

1451

01:09:00,450 --> 01:08:57,190

evil do intend to violate us the

1452

01:09:03,689 --> 01:09:00,460

darkness itself would like to destroy

1453

01:09:07,109 --> 01:09:03,699

the light it would like to do that but

1454

01:09:10,399 --> 01:09:07,119

the darkness has to in a sense of Bay's

1455

01:09:14,669 --> 01:09:10,409

of boundaries and it will not violate

1456

01:09:18,149 --> 01:09:14,679

those boundaries or else the light will

1457

01:09:21,599 --> 01:09:18,159

have recourse so the darkness in some

1458

01:09:24,689 --> 01:09:21,609

sense it might want to seduce you or

1459

01:09:26,700 --> 01:09:24,699

convince you or draw you in or or you

1460

01:09:30,180 --> 01:09:26,710

may want to make a deal with darkness

1461

01:09:32,490 --> 01:09:30,190

which will cost you but it won't come in

1462

01:09:35,879 --> 01:09:32,500

and violate because of the tries to

1463

01:09:39,599 --> 01:09:35,889

violate the light which is also a soul

1464

01:09:44,879 --> 01:09:39,609

it will have repercussions and and it is

1465

01:09:46,890 --> 01:09:44,889

aware of that unlike souls who do intend

1466

01:09:49,620 --> 01:09:46,900

to violate they are trying to take

1467

01:09:53,700 --> 01:09:49,630

another and take other souls energies

1468

01:09:56,040 --> 01:09:53,710

and harness other Souls and use them so

1469

01:09:59,790 --> 01:09:56,050

the darkness won't do that it will

1470

01:10:01,800 --> 01:09:59,800

shelter the evil ones and it will draw

1471

01:10:04,169 --> 01:10:01,810

those evil one and this is probably part

1472

01:10:07,020 --> 01:10:04,179

of the problem it will draw all those

1473

01:10:10,620 --> 01:10:07,030

evil ones in darker deeper and deeper

1474

01:10:13,260 --> 01:10:10,630

until those dark ones really have no

1475

01:10:16,290 --> 01:10:13,270

sense of themselves as a light as a soul

1476

01:10:18,959 --> 01:10:16,300

they forgotten who they are the darkness

1477

01:10:22,050 --> 01:10:18,969

is more than happy to do that but the

1478

01:10:25,520 --> 01:10:22,060

darkness is not an angry violent kind of

1479

01:10:29,220 --> 01:10:25,530

force it's just it just is what it is

1480

01:10:31,800 --> 01:10:29,230

here's what Jared had to say from your

1481

01:10:35,070 --> 01:10:31,810

book so this is communicated to you

1482

01:10:36,629 --> 01:10:35,080

about the dark spot in all of us and

1483

01:10:38,700 --> 01:10:36,639

he's talking about suicide he said

1484

01:10:41,700 --> 01:10:38,710

people who are prone to suicide or

1485

01:10:44,640 --> 01:10:41,710

contemplating suicide are usually locked

1486

01:10:47,250 --> 01:10:44,650

into that dark side they're not moving

1487

01:10:49,350 --> 01:10:47,260

well enough towards the light they have

1488

01:10:51,540 --> 01:10:49,360

stopped so much in that dark place that

1489

01:10:54,390 --> 01:10:51,550

they can't get out it doesn't mean

1490

01:10:55,340 --> 01:10:54,400

they're evil it doesn't mean that they

1491

01:10:58,250 --> 01:10:55,350

are bad

1492

01:11:01,580 --> 01:10:58,260

it oftentimes means they have abandoned

1493

01:11:04,460 --> 01:11:01,590

hope and they'd let go of the idea that

1494

01:11:08,300 --> 01:11:04,470

they are purposeful and that they have

1495

01:11:12,380 --> 01:11:08,310

meaning do you want to speak to that at

1496

01:11:14,660 --> 01:11:12,390

all I think when we look today just to

1497

01:11:18,230 --> 01:11:14,670

somebody who has suffered a long-term

1498

01:11:20,260 --> 01:11:18,240

depression when you when you live in

1499

01:11:23,450 --> 01:11:20,270

depression you're living in darkness and

1500

01:11:28,370 --> 01:11:23,460

Jared defined darkness is the place that

1501

01:11:29,930 --> 01:11:28,380

lacks light love and knowledge he's

1502

01:11:32,600 --> 01:11:29,940

sitting in the darkness there is no

1503

01:11:35,540 --> 01:11:32,610

trust these dark spirits don't trust

1504

01:11:40,070 --> 01:11:35,550

each other it's it's a network based on

1505

01:11:41,780 --> 01:11:40,080

power so living in depression can be

1506

01:11:44,210 --> 01:11:41,790

living in darkness it's not that you're

1507

01:11:46,360 --> 01:11:44,220

bad and evil but you've lacked that

1508

01:11:49,220 --> 01:11:46,370

feeling of love maybe or that lack of

1509

01:11:52,550 --> 01:11:49,230

connection or that lack of connection to

1510

01:11:55,220 --> 01:11:52,560

a higher power or you've become you've

1511

01:11:57,590 --> 01:11:55,230

lost a hope about things you take a

1512

01:12:00,500 --> 01:11:57,600

young kid has grown up in a family that

1513

01:12:03,620 --> 01:12:00,510

we're one of the parents where both are

1514

01:12:05,450 --> 01:12:03,630

abusive and that child everyday has to

1515

01:12:08,360 --> 01:12:05,460

be afraid whether it's going to come out

1516

01:12:11,630 --> 01:12:08,370

of that's living that's living in a dark

1517

01:12:13,700 --> 01:12:11,640

place so darkness is that place where

1518

01:12:17,660 --> 01:12:13,710

you don't have love and light and

1519

01:12:20,170 --> 01:12:17,670

knowledge living in ignorance living in

1520

01:12:24,680 --> 01:12:20,180

ignorance that there's a darkness there

1521

01:12:27,320 --> 01:12:24,690

when we learn we're gaining light so

1522

01:12:30,500 --> 01:12:27,330

darkness understood is the place that

1523

01:12:32,300 --> 01:12:30,510

lacks light love and knowledge we know

1524

01:12:35,840 --> 01:12:32,310

there are a lot of people who live in

1525

01:12:38,570 --> 01:12:35,850

such a place for different reasons but a

1526

01:12:41,240 --> 01:12:38,580

lot of it is trauma the result of trauma

1527

01:12:44,300 --> 01:12:41,250

Thomas we talked about earlier before we

1528

01:12:47,560 --> 01:12:44,310

first started recording you've retired

1529

01:12:50,090 --> 01:12:47,570

from clinical practice you obviously put

1530

01:12:53,720 --> 01:12:50,100

everything you had into it you worked

1531

01:12:55,490 --> 01:12:53,730

really hard at it you were very it just

1532

01:12:57,320 --> 01:12:55,500

sounds like a great therapist for your

1533

01:12:59,630 --> 01:12:57,330

clients doing everything you can to help

1534

01:13:03,230 --> 01:12:59,640

them but that can be draining I don't

1535

01:13:05,270 --> 01:13:03,240

know I know it's there's a high dropout

1536

01:13:07,340 --> 01:13:05,280

rate and I think you went longer than a

1537

01:13:08,000 --> 01:13:07,350

lot of people can in terms of helping

1538

01:13:10,310 --> 01:13:08,010

that many

1539

01:13:13,339 --> 01:13:10,320

people what do you want to do in the

1540

01:13:16,879 --> 01:13:13,349

future with what you've learned well for

1541

01:13:19,580 --> 01:13:16,889

me the main issue in learning all of

1542

01:13:22,069 --> 01:13:19,590

this and developing this method is that

1543

01:13:25,879 --> 01:13:22,079

it's the clinical method and so I would

1544

01:13:29,240 --> 01:13:25,889

like to see it able to be practiced but

1545

01:13:32,089 --> 01:13:29,250

at the same time it is complex it does

1546

01:13:34,970 --> 01:13:32,099

go very very deep depending on where the

1547

01:13:38,359 --> 01:13:34,980

client is but I would like to do some

1548

01:13:42,470 --> 01:13:38,369

training and it would be in a kind of an

1549

01:13:46,069 --> 01:13:42,480

in-depth training I'd also probably like

1550

01:13:49,189 --> 01:13:46,079

to do more speaking I do believe this

1551

01:13:51,830 --> 01:13:49,199

issue of accepting the spiritual

1552

01:13:55,160 --> 01:13:51,840

dimension is of the utmost importance

1553

01:13:56,830 --> 01:13:55,170

today Tom one final question and it may

1554

01:13:58,790 --> 01:13:56,840

take a little while to sort this out I

1555

01:14:00,859 --> 01:13:58,800

hadn't really thought of it but I think

1556

01:14:03,819 --> 01:14:00,869

it's really important to my project to

1557

01:14:06,830 --> 01:14:03,829

the skeptical kind of thing and that's

1558

01:14:10,339 --> 01:14:06,840

where do you see clinical psychology

1559

01:14:13,160 --> 01:14:10,349

fitting into this transformation that

1560

01:14:15,140 --> 01:14:13,170

people might go through in connecting

1561

01:14:16,970 --> 01:14:15,150

with extended consciousness because when

1562

01:14:21,049 --> 01:14:16,980

we step back we say well this has always

1563

01:14:23,629 --> 01:14:21,059

been the domain of churches very cultish

1564

01:14:24,770 --> 01:14:23,639

churches mainly what we experienced that

1565

01:14:26,930 --> 01:14:24,780

are more interested in controlling

1566

01:14:29,029 --> 01:14:26,940

people and manipulating people than

1567

01:14:31,580 --> 01:14:29,039

doing much else but it's always been in

1568

01:14:34,399 --> 01:14:31,590

their domain or now we have a kind of a

1569

01:14:35,270 --> 01:14:34,409

shamanistic kind of thing or the magic

1570

01:14:36,859 --> 01:14:35,280

and occult realm

1571

01:14:40,009 --> 01:14:36,869

they'll tell you how to deal with these

1572

01:14:43,060 --> 01:14:40,019

extended consciousness realms do you

1573

01:14:47,029 --> 01:14:43,070

think there's something unique that

1574

01:14:50,959 --> 01:14:47,039

clinical psychology can bring to that my

1575

01:14:53,029 --> 01:14:50,969

feeling is clinical psychology is in the

1576

01:14:55,580 --> 01:14:53,039

same dilemma we talked about with others

1577

01:15:00,140 --> 01:14:55,590

and that is they're facing this line

1578

01:15:02,680 --> 01:15:00,150

also and crossing this fly as I said

1579

01:15:06,080 --> 01:15:02,690

earlier we have a very egocentric

1580

01:15:08,359 --> 01:15:06,090

psychology and psychiatry and we're

1581

01:15:11,149 --> 01:15:08,369

talking about something that transcends

1582

01:15:14,839 --> 01:15:11,159

the ego and when you start threatening

1583

01:15:18,529 --> 01:15:14,849

the ego like that with the loss of power

1584

01:15:20,570 --> 01:15:18,539

that it's not the end all and be all the

1585

01:15:23,120 --> 01:15:20,580

ego gets pretty threatened

1586

01:15:25,280 --> 01:15:23,130

so the soul centered approach is saying

1587

01:15:27,560 --> 01:15:25,290

to the ego you've got a place you've got

1588

01:15:31,010 --> 01:15:27,570

a very important place in this

1589

01:15:36,350 --> 01:15:31,020

incarnation but soul from the soul level

1590

01:15:39,770 --> 01:15:36,360

you you are playing a part and when we

1591

01:15:42,620 --> 01:15:39,780

cross over if I were to say one of the

1592

01:15:45,550 --> 01:15:42,630

most important things today is for

1593

01:15:49,730 --> 01:15:45,560

people to understand there is no death

1594

01:15:52,910 --> 01:15:49,740

that when the body dies we basically

1595

01:15:58,010 --> 01:15:52,920

walk through a door into another level

1596

01:16:00,940 --> 01:15:58,020

of consciousness now the crossing over

1597

01:16:04,580 --> 01:16:00,950

you're going to cross over with the

1598

01:16:07,130 --> 01:16:04,590

mindset or the psychology you have when

1599

01:16:09,710 --> 01:16:07,140

you cross over there are people who will

1600

01:16:12,530 --> 01:16:09,720

see the gates of st. Peter there will be

1601  
01:16:15,440 --> 01:16:12,540  
people who have a heavenly kind of abode

1602  
01:16:17,870 --> 01:16:15,450  
to be in but I would suggest that that's

1603  
01:16:21,080 --> 01:16:17,880  
going to be limited well that's full of

1604  
01:16:22,850 --> 01:16:21,090  
wakens to who it really is there are

1605  
01:16:25,820 --> 01:16:22,860  
other souls who are ready when they

1606  
01:16:27,620 --> 01:16:25,830  
cross over they're gonna move right into

1607  
01:16:29,750 --> 01:16:27,630  
their soul consciousness they're going

1608  
01:16:31,550 --> 01:16:29,760  
to understand what just happened we're

1609  
01:16:33,290 --> 01:16:31,560  
going to we're going to understand that

1610  
01:16:37,250 --> 01:16:33,300  
lifetime in relation to the other

1611  
01:16:39,080 --> 01:16:37,260  
lifetimes which it carries so so even

1612  
01:16:41,930 --> 01:16:39,090  
that crossing over has all the

1613  
01:16:44,570 --> 01:16:41,940

individual differences but there is a

1614

01:16:48,080 --> 01:16:44,580

soul consciousness I think that we move

1615

01:16:54,470 --> 01:16:48,090

into once we cross over and we're ready

1616

01:16:56,180 --> 01:16:54,480

to let go of this lifetime this body you

1617

01:16:57,740 --> 01:16:56,190

don't but in it that's a perfect place

1618

01:16:59,810 --> 01:16:57,750

to wrap it up I love what you said

1619

01:17:03,050 --> 01:16:59,820

particularly at the beginning there our

1620

01:17:06,170 --> 01:17:03,060

guests again our guests again has been

1621

01:17:08,840 --> 01:17:06,180

dr. Tom Zinser his book is titled soul

1622

01:17:11,630 --> 01:17:08,850

centered healing a psychologist

1623

01:17:15,220 --> 01:17:11,640

extraordinary truly is extraordinary

1624

01:17:17,810 --> 01:17:15,230

journey into realms of subpersonalities

1625

01:17:20,960 --> 01:17:17,820

spirits and past lives it's a book you

1626

01:17:23,390 --> 01:17:20,970

could easily get on Amazon right very

1627

01:17:25,610 --> 01:17:23,400

readable very well written he also has

1628

01:17:28,510 --> 01:17:25,620

other books up there for clinicians

1629

01:17:29,680 --> 01:17:28,520

people who are hypnotherapist or

1630

01:17:31,840 --> 01:17:29,690

clinicians trying to help these people

1631

01:17:34,150 --> 01:17:31,850

time it's been great

1632

01:17:35,890 --> 01:17:34,160

two hours I could talk for another -

1633

01:17:39,400 --> 01:17:35,900

will you come back and join me sometime

1634

01:17:42,060 --> 01:17:39,410

in the future I'd be happy to I'm very

1635

01:17:46,930 --> 01:17:42,070

happy to have the time wishes down a

1636

01:17:51,130 --> 01:17:46,940

good hour to talk about strange things

1637

01:17:54,130 --> 01:17:51,140

and big things so it's thanks again for

1638

01:17:57,700 --> 01:17:54,140

having me well awesome

1639

01:18:01,420 --> 01:17:57,710

very very good truly truly remarkable

1640

01:18:04,240 --> 01:18:01,430

work these things are never accidental

1641

01:18:07,570 --> 01:18:04,250

your email coming at the time that it

1642

01:18:10,780 --> 01:18:07,580

does publishing a book and the title of

1643

01:18:13,780 --> 01:18:10,790

the book is why evil matters how science

1644

01:18:16,870 --> 01:18:13,790

and religion fumbled a big one so this

1645

01:18:19,240 --> 01:18:16,880

has gone right in the book well I do

1646

01:18:23,340 --> 01:18:19,250

think that is probably the bottom-line

1647

01:18:27,070 --> 01:18:23,350

issue is as Souls we have the choice and

1648

01:18:29,710 --> 01:18:27,080

evil does not run our life evil does not

1649

01:18:32,410 --> 01:18:29,720

have power over us evil cannot just

1650

01:18:36,400 --> 01:18:32,420

waltz into our life without an access

1651

01:18:40,950 --> 01:18:36,410

and so as souls we do have that power to

1652

01:18:43,210 --> 01:18:40,960

deal with evil to stop it to refuse it

1653

01:18:45,190 --> 01:18:43,220

it's one of the reasons I said that

1654

01:18:47,770 --> 01:18:45,200

distinction between darkness and evil is

1655

01:18:49,690 --> 01:18:47,780

so important because people don't make

1656

01:18:52,870 --> 01:18:49,700

the distinction and then it gets all

1657

01:18:54,370 --> 01:18:52,880

confused I love that and I love in the

1658

01:18:58,270 --> 01:18:54,380

way in the book it really comes across

1659

01:19:00,790 --> 01:18:58,280

as not a kind of macho aggressive way of

1660

01:19:02,800 --> 01:19:00,800

saying that because what I hear you say

1661

01:19:06,130 --> 01:19:02,810

that I think is so central and so

1662

01:19:09,220 --> 01:19:06,140

important is ok folks here's the basic

1663

01:19:12,040 --> 01:19:09,230

structure it's light we're all part of

1664

01:19:17,230 --> 01:19:12,050

the divine spark it's in within all of

1665

01:19:20,830 --> 01:19:17,240

us so our natural state is to have likes

1666

01:19:23,470 --> 01:19:20,840

and dislikes that inadvertently not our

1667

01:19:25,540 --> 01:19:23,480

fault but it happens we block that light

1668

01:19:28,000 --> 01:19:25,550

in one way or another and sometimes we

1669

01:19:29,350 --> 01:19:28,010

connect with those blockages more than

1670

01:19:32,260 --> 01:19:29,360

we connect with the light and it all

1671

01:19:34,810 --> 01:19:32,270

becomes a confused state but it's an

1672

01:19:37,270 --> 01:19:34,820

addition by subtraction thing removing

1673

01:19:41,140 --> 01:19:37,280

the blockages releases the light and

1674

01:19:42,250 --> 01:19:41,150

that's all we really want so what I hear

1675

01:19:45,570 --> 01:19:42,260

you saying then

1676

01:19:51,790 --> 01:19:45,580

is that now we can begin talking about

1677

01:19:54,190 --> 01:19:51,800

evil darkness as just blockages of the

1678

01:19:57,130 --> 01:19:54,200

light that of course you have the power

1679

01:19:59,080 --> 01:19:57,140

you always had the power to remove those

1680

01:20:01,690 --> 01:19:59,090

it makes them a lot less scary

1681

01:20:04,450 --> 01:20:01,700

put some in proportion not that we

1682

01:20:07,720 --> 01:20:04,460

shouldn't be concerned but just puts

1683

01:20:10,750 --> 01:20:07,730

them in the proper perspective and and

1684

01:20:12,490 --> 01:20:10,760

we do need that we've grown up in our

1685

01:20:14,770 --> 01:20:12,500

Western culture to be frightened of

1686

01:20:17,830 --> 01:20:14,780

darkness and evil to think of it as so

1687

01:20:22,270 --> 01:20:17,840

powerful to stay away from that topic

1688

01:20:24,820 --> 01:20:22,280

for fear that it's gonna get us and that

1689

01:20:27,310 --> 01:20:24,830

only only gives it power for that kind

1690

01:20:29,590 --> 01:20:27,320

of thinking and people need to know it

1691

01:20:31,090 --> 01:20:29,600

doesn't have that power and I think

1692

01:20:32,470 --> 01:20:31,100

what's particularly powerful and I hope

1693

01:20:36,790 --> 01:20:32,480

this came through in the interview is

1694

01:20:39,100 --> 01:20:36,800

this idea of the contract because that

1695

01:20:41,080 --> 01:20:39,110

is not only a method of deception here

1696

01:20:44,140 --> 01:20:41,090

that seems to be in play but it's been

1697

01:20:47,229 --> 01:20:44,150

enshrined in our culture through books

1698

01:20:49,090 --> 01:20:47,239

movies as being you know don't make that

1699

01:20:51,550 --> 01:20:49,100

contract with the with the devil you

1700

01:20:53,710 --> 01:20:51,560

could never break it and what Jared says

1701

01:20:56,890 --> 01:20:53,720

and you proved in your work is that oh

1702

01:20:59,430 --> 01:20:56,900

no there's there's no such contract it's

1703

01:21:02,590 --> 01:20:59,440

null and void there it's unenforceable

1704

01:21:04,570 --> 01:21:02,600

just all we have to say I choose to go

1705

01:21:07,600 --> 01:21:04,580

to the light and it's all over

1706

01:21:09,610 --> 01:21:07,610

that's right yes thanks again to Tom

1707

01:21:12,910 --> 01:21:09,620

Zinser for joining me today on skeptic

1708

01:21:15,370 --> 01:21:12,920

oh you know I could talk for a long long

1709

01:21:17,830 --> 01:21:15,380

time about this interview and if you

1710

01:21:19,810 --> 01:21:17,840

listened further to these shows I'm sure

1711

01:21:23,110 --> 01:21:19,820

I will I'm gonna be playing clips from

1712

01:21:27,160 --> 01:21:23,120

this guy for the next hundred shows this

1713

01:21:30,479 --> 01:21:27,170

is everything that I'm about everything

1714

01:21:34,270 --> 01:21:30,489

and I'm after right now is some kind of

1715

01:21:36,880 --> 01:21:34,280

reasonably complete model for how these

1716

01:21:41,229 --> 01:21:36,890

extended consciousness realms might work

1717

01:21:44,680 --> 01:21:41,239

and a suggestion a hint for how we might

1718

01:21:48,220 --> 01:21:44,690

actually I don't know test some of those

1719

01:21:49,990 --> 01:21:48,230

ideas out don't get me started but do

1720

01:21:52,900 --> 01:21:50,000

get me started with one question that I

1721

01:21:55,690 --> 01:21:52,910

hope you'll join me in trying to wrestle

1722

01:21:57,730 --> 01:21:55,700

to the ground and that is

1723

01:22:00,790 --> 01:21:57,740

what are we to do with channeled

1724

01:22:02,740 --> 01:22:00,800

material that's used in this way highly

1725

01:22:04,540 --> 01:22:02,750

controversial right I mean here's a guy

1726

01:22:07,510 --> 01:22:04,550

professionally trained psychologist

1727

01:22:09,460 --> 01:22:07,520

completely goes off reservation says hey

1728

01:22:13,000 --> 01:22:09,470

I'm getting such amazing information

1729

01:22:15,310 --> 01:22:13,010

from this channelled spirit that I'm

1730

01:22:19,000 --> 01:22:15,320

going to start using it in a methodical

1731

01:22:21,550 --> 01:22:19,010

way just as I would talking to some

1732

01:22:25,600 --> 01:22:21,560

colleague I'm gonna use that in these

1733

01:22:28,600 --> 01:22:25,610

clinical sessions what are your feelings

1734

01:22:30,520 --> 01:22:28,610

about that is that's so out of bounds I

1735

01:22:32,230 --> 01:22:30,530

mean what are we to make it out what do

1736

01:22:34,330 --> 01:22:32,240

you make of that and I'm saying how I

1737

01:22:36,430 --> 01:22:34,340

think that's a tremendous leap forward

1738

01:22:39,010 --> 01:22:36,440

and maybe trying to understand this

1739

01:22:42,550 --> 01:22:39,020

thing is it a tremendous leap backwards

1740

01:22:44,590 --> 01:22:42,560

I don't know you tell me join me in the

1741

01:22:47,280 --> 01:22:44,600

skeptical forum or otherwise drop me an

1742

01:22:49,570 --> 01:22:47,290

email and let me know your thoughts

1743

01:22:51,040 --> 01:22:49,580

because I really do like when you come

1744

01:22:54,550 --> 01:22:51,050

over there and I like hanging out with

1745

01:22:56,740 --> 01:22:54,560

you all so please do so and if you

1746

01:22:58,300 --> 01:22:56,750

haven't responded a call check out the

1747

01:23:01,060 --> 01:22:58,310

skeptical for more over there we're

1748

01:23:04,600 --> 01:23:01,070

having some good conversations about all

1749

01:23:07,300 --> 01:23:04,610

this deep deep big big-picture stuff so

1750

01:23:09,370 --> 01:23:07,310

join us over there I had a lot of shows

1751

01:23:11,770 --> 01:23:09,380

coming up I think some of them are

1752

01:23:14,620 --> 01:23:11,780

really good please stay with me for all

1753

01:23:17,050 --> 01:23:14,630

of that until next time take care and